

Mental Drunkenness

Pastors Al Brice | CL Talks Episode 33

1 Peter 5:6-11 NKJV: 6 Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time, 7 casting all your care upon Him, for He cares for you. 8 Be sober, be vigilant; because your adversary the devil walks about like a roaring lion, seeking whom he may devour. 9 Resist him, steadfast in the faith, knowing that the same sufferings are experienced by your brotherhood in the world. 10 But may the God of all grace, who called us to His eternal glory by Christ Jesus, after you have suffered a while, perfect, establish, strengthen, and settle you. 11 To Him be the glory and the dominion forever and ever. Amen.

I. What is mental drunkenness?

When we allow the spirit of fear, anxiety, and thoughts of defeat and self pity to intoxicate our mind and spirit.

We allow ourselves to become so discouraged and disappointed that we become incapable of making decisions or doing anything productive.

It is allowing self-pity to cast doubt on God's love, goodness, and care for us. Self-pity will thrust you into a "victim mentality".

Therefore, when depressing thoughts come, and they will; when the devil tries to terrorize us like a lion, and circumstances roar at us, let us remember who we are and what God's Word promises.

II. Be sober and be vigilant because of the nature and character of your enemy.

A. To be sober means to be well balanced which means to be well versed in the Word of God. It means not staggering mentally or spiritually when you hear or see things that put you into a mental state of fear and anxiety which can eventually produce doubt and unbelief.

It means self-control because the characteristics of drunkenness is that a person cannot control himself or herself, his or her thoughts run wild, there is no discernment of present circumstances, there is no thinking things out, first impulses determine words and actions that should not be used and can have devastating consequences.

It means to be easily influenced and deceived by those experiencing the same behavior.

The moment you begin to listen to the words of the enemy and give those words the right to remain in your mind, he will capture you. He is "the father of lies" and "a liar from the beginning". **(John 8:44 NKJV)**

B. Be vigilant means to "keep wide awake"; being spiritually attuned to what is going on around you.

A military sentry who is half asleep or falls completely asleep at his or her post is not endangering themselves but the whole military unit. If the enemy finds the sentry sleeping, he is able to gain entry and begin to steal, kill, and destroy.

1. Watch and pray to overcome temptation.

Mark 14:37-38 NKJV : 37 Then He came and found them sleeping, and said to Peter, “Simon, are you sleeping? Could you not watch one hour? 38 Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak.”

2. Watch and pray so that you don't backside or fall away from your faith before Jesus returns.

Luke 21:25-36 Passion Translation : 25 “Expect to witness amazing and perplexing signs throughout the universe with the sun, the moon, and the stars. The raging of the sea will bring desperation and turmoil to many nations. 26 Earthquakes will bring panic and disaster. What men see coming to the earth will cause the fear of doom to grip their hearts, for they will even see the powers of the heavenly realm shaken! 27–28 “And at last, when you see how the Son of Man comes—surrounded with a cloud, with great power and miracles, in the radiance of his splendor, and with great glory and praises — it will make you jump for joy! For the day of your full transformation has arrived.” 29–30 Jesus gave his disciples this parable: “Haven't you observed the fig tree, or any tree, that when it buds and blooms you realize that the season is changing and summer is near? 31 In the same way, when you see these prophetic signs occurring, you realize the earth is yielding to the fullness of God's kingdom realm. 32 I assure you, the end of this age will not come until all I have spoken comes to pass. 33 Earth and sky will wear out and fade away before one word I speak loses its power or fails to accomplish its purpose.” 34 “Be careful that you never allow your hearts to grow cold. Remain passionate and free from anxiety and the worries of this life. Then you will not be caught off guard by what happens. Don't let me come and find you drunk or careless in living like everyone else. 35 For that day will come as a shocking surprise to all, like a downpour that drenches everyone, catching many unaware and un-prepared. 36 Keep a constant watch over your soul, and pray for the courage and grace to prevail over these things that are destined to occur and that you will stand before the presence of the Son of Man with a clear conscience.”