

“When You *Worry* – *Don’t!*”

Matthew 6:25-34

“For this reason I say to you, do not be worried about your life, as to what you will eat or what you will drink; nor for your body, as to what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air, that they do not sow, nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not worth much more than they? And who of you by being worried can add a single hour to his life?

And why are you worried about clothing? Observe how the lilies of the field grow; they do not toil nor do they spin, yet I say to you that not even Solomon in all his glory clothed himself like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the furnace, will He not much more clothe you? You of little faith! Do not worry then, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear for clothing?’ For the Gentiles eagerly seek all these things; for your heavenly Father knows that you need all these things.

But seek first His kingdom and His righteousness, and all these things will be added to you.

“So do not worry about tomorrow; for tomorrow will care for itself. Each day has enough trouble of its own.

Worry Words

What Why When How

Be anxious for nothing but in everything by prayer . . .with thanksgiving

Look Around Look Up Look To

New Faith For a New Day

Transactional... If – Then

Transcendent... God Did – I can

Sunday:

The Lord is my Shepherd; I shall not want . . . He makes me to lie down . . . He leads . . . He restores . . . He guides . . .

Psalm 23:

Monday:

“I know the plans that I have for you,” declares the Lord, “plans for welfare and not for calamity to give you a future and a hope.”

Jeremiah 29:11

Tuesday:

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ

Wednesday:

Grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord, seeing that His divine power has granted to us everything pertaining to life and godliness, through the true knowledge of Him who called us by His own glory and excellence.

2 Peter 1:2-3

Thursday:

And my God will supply all your needs according to His riches in glory through Christ Jesus.

Philippians 4:19

Friday:

Do not fear, for I have redeemed you; I have called you by name; you are Mine! When you pass through the waters, I will be with you; and through the rivers, they will not overflow you. When you walk through the fire, you will not be scorched, not will the flame burn you.

Isaiah 43:1-2

Saturday:

For as many as are the promises of God, in Him we are yes; therefore also through Him is our Amen to the glory of God through us.

2 Corinthians 1:20

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