

## Joy

### Pre-Article:

1. Who is the most joyful person you know and why do you think they are so joyful? How has this person's joy impacted you in a positive way?
2. What are one or two things in your life that bring you great joy and why?

### Observational Discussion

1. Before reading this study, how would you have defined joy? In what ways have you experienced it in your life?
2. Read John 15:10-11 and Hebrews 12:1-2 and discuss.
3. How will 'fixing our eyes on Jesus' enable us to live joyfully, even when we do not sense His presence or feel happy? (Heb. 12:2)
4. How has God 'enabled us to share in the inheritance that belongs to His people'? (Col. 1:12)

### Personal Application

1. What are some areas in your own life that you currently consider trials, hardships, or frustrations that you have not considered or wanted to thank God for?
2. Do you believe that it is in God's presence that we can experience true joy and eternal pleasures? Why or why not?
3. What can you do in your own life to more fully realize and understand the tangible and eternal hope we have, in order to experience joy? (John 15:10-11, Hebrews 12:2)
4. How can we walk in joy honestly and share it with others compassionately in the midst of trying and difficult circumstances?