



July 30, 2023 | Pastor Keith Krell
Philippians 3:12-16 | "Spiritual Olympics"

Sermon Application Review from Phil 3:1-11

How did you make a choice to rejoice this past week (3:1)?

What religious "trophy" did you relinquish to pursue Christ (3:4-8)?

How did you experience the fellowship of Christ's sufferings (3:10)?

Scripture References

Philippians 3:12-16

1 Corinthians 9:24-27

Hebrews 3:1-6; 12:1-3

2 Timothy 4:7-8

Luke 9:57-62

Colossians 1:28-29; 3:1-4

Ephesians 2:10; 4:11-13

Study Questions

1. What are your current spiritual goals and objectives (3:12, 14)? How do these affect priorities in other areas of your life? How are you relentlessly pursuing obedience to Christ? What or who is holding you back from going all-out in your Christian race?
2. What would people who know you well say is your "one thing"? What one change could you make in order to pursue the one thing that matters most? What are some of the tensions we experience as we desire to be holy and perfect in this life, and yet constantly fall short of that goal? How do you deal with those tensions?
3. What elements of your past still plague you (3:13)? Are there past sins that you feel are unforgiven by God? What past successes do you still glory in? How is your past keeping you from living in the present? What will you do this week to refocus your future gaze and ensure you persevere in your Christian race?
4. In what area of your life are you complacent (3:15-16)? How can you balance the need to be spiritually content with the call to aggressively press forward? How has God revealed to you the need to grow in various areas? In what area of your life is He currently working? How are you responding?
5. Have you trained yourself so that you don't always take the path of least resistance? Irish biblical scholar, Alex Motyer, has said, "It is easy to be a leader and to forget to be a Christian." Why is this the case? How can you correct this tendency? How can you be a leader worth emulating?

Recommended Reading

Jerry Bridges, *The Disciple of Grace* (NavPress, 1994)

Paul N. Benware, *The Believer's Payday* (AMG, 2002)

Kenneth Boa, *Life in the Presence of God* (InterVarsity, 2017)