

BUILDING A HEALTHY CHURCH BODY

Ephesians 4:1-16

August 16, 2026 | Pastor Phil Peterson



STUDY QUESTIONS

1. What's something you've gotten healthier at because someone else helped you?
2. Why do you think it's easy to assume spiritual growth will just happen on its own?
3. According to Ephesians 4:7-16, what helps a church body grow into maturity?
4. Who has God used in your life to help you become more like Christ? How did they help?
5. What might becoming spiritually healthier look like for you?
6. What's one step you can take to grow toward Christ and who can you invite to help you take it?

Campus Closed August 17 - 21 | The church campus will be closed Monday, August 17 through Friday, August 21 while Abbott Construction completes work on building systems affecting our power, internet, and other critical infrastructure. Because these outages may impact building safety and operations, the campus will not be accessible during this time.

Men's and Women's Discipleship Classes Beginning September 15 | If you're looking to dive deeper into scripture or strengthen your walk with the Lord in community, check out our upcoming discipleship classes this Fall! For more information visit cbbcbellevue.com/men and cbbcbellevue.com/women

Fall Kickoff September 13 | 9 & 11 AM Services | You're invited to join us for a very special Sunday as we celebrate baptisms, kick off our fall discipleship groups, and look forward to exciting events happening this season for kids, students, singles, families, and more! Visit cbbcbellevue.com/fallkickoff for more details.