

# THE GIFT EXCHANGE

Luke 1:26–38

December 21, 2025 | Pastor Keith Krell



## SCRIPTURE READING

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Luke 1:26–38; Luke 1:76–79; Psalm 89:1–52; 2 Samuel 7:8–16; Genesis 18:14;

Matthew 1:18–19; Isaiah 9:1–7; 11:1–9

## STUDY QUESTIONS

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1. What does God's favor mean to you, especially during seasons of waiting, doubt, or struggle (1:28)? How does knowing that God uses ordinary people for extraordinary purposes reshape the way you see yourself and others?
2. In what specific area of your life do you need to hear the command, "Do not be afraid" (1:30)? Where are you experiencing fear right now? Read 1 Peter 5:7. How has God shown His care for you in the past, particularly in moments of anxiety?
3. What has God asked you to do that feels inconvenient, uncomfortable, or even upsetting (1:34)? Can you recall a time when you felt uncertain or afraid as God called you to step out in faith? What helped you trust Him then?
4. What situations in your life, or in the world right now, feel impossible right now? How does the promise of 1:37 change the way you see those circumstances? How does living with expectant hope shape the way you pray, serve, and love others? What promise of God are you currently "waiting on," and how can you continue to trust Him in the waiting?
5. Who in your life needs to hear the good news of Christ's coming this Christmas? How might you share it with them in practical ways? How can your life reflect the joy, humility, and surrender that Mary modeled as you interact with family, neighbors, and coworkers this season?

## RECOMMENDED READING

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Linda Dillow, *Calm My Anxious Heart: A Woman's Guide to Finding Contentment* (NavPress, 2007)

Edward T. Welch, *Running Scared: Fear, Worry, and the God of Rest* (New Growth, 2007)

Elyse Fitzpatrick, *Overcoming Fear, Worry, and Anxiety: Becoming a Woman of Faith and Confidence* (Harvest House, 2001)

Jerry Bridges, *The Blessing of Humility* (NavPress, 2016)