



**March 19, 2023 | Pastor Keith Krell**  
**Nehemiah 9:38-10:39 | “Holy Vows”**

**Sermon Application Review from Nehemiah 9:1-37**

What did you praise God this past week? Did you remember to begin your prayers with praise?  
How did you cultivate confession?  
When did you use the P.R.A.Y. acrostic?

**Scripture References**

Nehemiah 9:38–10:39  
Deuteronomy 6:4–6  
Ecclesiastes 5:1–6  
Matthew 5:33–37  
Hebrews 4:9–10  
Proverbs 3:9–10

**Study Questions**

1. What is significant about leaders making an oath to be obedient (9:38)? In light of the many warnings against rash vows (e.g., Matthew 5:33–37), is it ever appropriate for Christians to make solemn promises to God today? If so, what specific behavioral changes is God calling you to make? Who will hold you accountable to your commitments? How will he or she measure your obedience?
2. In what ways do you value acceptance from non-Christians over your intimacy with Christ (10:28–29)? How are you actively taking a stand to avoid conformity with the world? How are you aligning yourself with devoted believers? When you evaluate your life, where are you in danger of falling into worldliness or isolationism?
3. How are you doing as a spiritual leader? In what areas can you grow as a spouse or parent? How can you honor God more effectively as a single, divorcee, or widow/widower? If you marry or remarry, how will you specifically honor God in your choice of a spouse (10:30)?
4. What activities or commitments interfere with your obedience to observe regular periods of rest (10:31)? What wrong thinking does an inability to rest reveal? What are some practical ways to rest? How do you feel about Jesus’ call for all who labor and are heavy laden to go to Him for rest for their souls (Matthew 11:28–29)?
5. How do you consistently acknowledge that all you have belongs to the Lord (10:32–39)? In what ways do you make investments for eternity? How are you contributing appropriately to CBC’s vision of building disciples who bring Jesus to our world? How can you be generous and trust the Lord to provide for your needs?

**Recommended Reading**

Joseph Stowell, *The Weight of Your Words* (Moody, 1998)  
Pete Briscoe, *Secrets from the Treadmill: Discover God’s Rest in the Busyness of Life* (Thomas Nelson: 2004)  
Randy Alcorn, *Money, Possessions, and Eternity*, Revised and updated (Tyndale, 2003)