

# TRUTH — NO LIES!

1 John 2:18-27

February 1, 2026 | Pastor Keith Krell



## SCRIPTURE READING

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1 John 2:18-27; 1 Timothy 4:1-5; 2 Timothy 3:1-5; 2 Peter 3:3-4;  
Matthew 24:5, 24; Acts 20:17-38; 2 Thessalonians 2:1-12

## STUDY QUESTIONS

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1. How can you be discerning of false teachers (“antichrists”) without becoming suspicious of everyone (2:18)? What is the difference between healthy discernment and unhealthy distrust? What helps you stay alert without becoming cynical? Read Acts 17:11; 1 Thessalonians 5:20-22; 1 John 4:1; and Revelation 2:2-3.
2. Are you more familiar with what Scripture says about Jesus or with what the culture says about Him (2:20-23)? Who or what most influences your understanding of Jesus right now (e.g., teachers, podcasts, social media, friends, culture)? What practices help you stay grounded in Scripture rather than just trusting teachers or trends? What is one step you could take to grow in biblical understanding and discernment?
3. With so many Christian viewpoints, how do you know what is truly biblical? How can you hold firm convictions without becoming arrogant or divisive? How do you discern which doctrines are essential and which are secondary? How do Jesus’ words about not judging (Matthew 7:1) fit with the call to correct false teaching (Titus 1:9)?
4. What does “abiding” (2:24-25) look like in your everyday life—your habits, rhythms, relationships? What gospel truths do you need to return to regularly, not just learn once not just learn once? What competes with God’s Word for your attention and trust? How does the promise of eternal life shape the way you endure hardship or resist temptation?
5. Where do you feel most spiritually vulnerable to confusion or doubt right now (2:26-27)? What practices help anchor you in truth when you feel uncertain? How can you lovingly help others remain grounded without becoming defensive or harsh? What would it look like for you to rest more fully in God’s faithfulness rather than your own discipline?

## RECOMMENDED READING

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Andreas Köstenberger and Michael J. Kruger, *The Heresy of Orthodoxy: How Contemporary Culture’s Fascination with Diversity Has Reshaped Our Understanding of Early Christianity* (Crossway, 2010)  
Gordon D. Fee & Douglas Stuart, *How to Read the Bible for All Its Worth* (Zondervan Academic, [1981] 2014)  
Erwin W. Lutzer, *10 Lies About God: And the Truths That Shatter Deception* (Kregel, 2009)  
Nancy DeMoss Wolgemuth, *Lies Women Believe: And the Truth that Sets Them Free*, updated and expanded (Moody, [2000] 2022)  
Nancy DeMoss Wolgemuth & Dannah Gresh, *Lies Young Women Believe: And the Truth that Sets Them Free*, updated and expanded (Moody, [2008] 2018)  
Robert Wolgemuth, *Lies Men Believe: And the Truth that Sets Them Free* (Moody, 2022)