

HEART CHECK

Jeremiah 17:5-10

March 15, 2026 | Pastor Keith Krell



SCRIPTURE READING

Jeremiah 17:5-10; Jeremiah 9:23-24; Deuteronomy 29:18-19; 30:17; Psalms 20:7; 56:11; 118:8; Psalm 1:1-6; Proverbs 3:5-6; Psalm 40:1-17

STUDY QUESTIONS

1. Where are you most tempted to place your trust instead of the Lord (e.g., career, finances, relationships, abilities, reputation, security, 17:5)? How much of your life do you rely on yourself? What does it look like for your heart to “turn away” from the Lord?
2. What does the image of a “bush in the desert” teach you about trusting human strength (17:6)? How might you miss God’s blessings when your trust is misplaced? What steps can help you avoid spiritual dryness?
3. What does trusting the Lord look like in your daily decisions (17:7)? Where is God inviting you to trust Him more fully right now? How have you experienced the blessing of trusting God in the past?
4. What helps your spiritual roots grow deeper in God (17:8)? In seasons of difficulty or “drought,” where do you usually turn first for help or comfort? How can trusting God help you remain steady during life’s “droughts”? What fruit might God want to produce in your life right now?
5. How might our hearts deceive us about our motives or desires (17:9)? What attitudes, fears, or priorities might God want to reshape in you? How can you invite God to examine your heart this week (Psalm 139:23-24)? How does knowing that God searches the heart affect the way you live (17:10)? What fruit is your life producing right now?

RECOMMENDED READING

Jerry Bridges, *Trusting God* (NavPress, 1988)

Daniel Henderson, *Never Shaken: Finding Your Footing When the World Is Sliding Away* (Moody, 2024)

Edward T. Welch, *Running Scared: Fear, Worry, and the God of Rest* (New Growth, 2007)

Joni Eareckson Tada & Steven Estes, *When God Weeps: Why Our Sufferings Matter to the Almighty* (Zondervan, 2000)