

Free To Love and To Be Loved



“We love because he first loved us.”

I John 4:19 (NIV)

Part 1: Becoming Relationally Free
Session 7: Free To Love and To Be Loved

Freedom

Becoming Fully Alive!



FRESH START

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Freedom

Becoming Fully Alive!

PART 1: Becoming Relationally Free

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I. FREE TO LOVE AND TO BE LOVED

A. WHO DO YOU LOVE?

Are you a lover of “self” and pleasure **OR** are you a lover of God and others?

1. II Timothy 3:1-4
2. Matthew 22:37-40

B. HOW DO YOU LOVE?

Are you loving others as Christ loves you **OR** are you loving others the way they love you?

1. John 13:34-35
2. Luke 6:32-35

C. HOW MUCH DO YOU LOVE?

Do you love little and forgive little **OR** do you love much and forgive much?

Luke 7:36-47

D. WHERE DOES YOUR LOVE COME FROM?

Who/what is the source of your love?

1. John 17:26
2. Romans 5:5

E. WHY DO YOU LOVE?

What motivates you to love?

1. Ephesians 3:14-19
2. I John 4:7-19

II. APPLICATION

A. Write out your answers to the following questions:

1. Are you a lover of “self” and pleasure **OR** are you a lover of God and others?
2. Are you loving others as Christ loves you **OR** are you loving others the way they love you?
3. Do you love little and forgive little **OR** do you love much and forgive much?
4. Who/What is the source of your love?
5. Who/What motivates you to love?

B. In light of the whole of Part One of this Freedom series, “Becoming Relationally Free,” please write out your answers to the following questions:

1. Are you free to **LOVE** and to **BE LOVED**?
2. Are you free to **GIVE** and to **RECEIVE**?
3. Are you free to be **The Real You** - the **SON** or **DAUGHTER** that your Heavenly Father has destined you to become, **FULLY ALIVE AND FREE**?
4. In whatever way you know that you are not **FULLY ALIVE AND FREE**, what do you believe is still hindering you?
5. If you would like to experience God’s antidote for becoming free from any hindrance, and/or desire to become even more **FULLY ALIVE**, we invite you to continue on to Part Two of the Freedom Series, “Getting Your Whole Heart Back.”