

Free To Confront



“...correct, rebuke and encourage – with great patience and careful instruction.”

II Timothy 4:2b (NIV)

Part 1: Becoming Relationally Free
Session 6: Free To Confront

Freedom
Becoming Fully Alive!



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Freedom

Becoming Fully Alive!

PART 1: Becoming Relationally Free

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I. FREE TO CONFRONT

A. RECONCILIATION MAY INVOLVE A NEED TO CONFRONT

1. II Timothy 4:2b
2. Matthew 18:15
3. Luke 17:3-4

B. HOW TO CONFRONT ANOTHER PERSON

1. **Examine your heart** and repent of any judgmental attitude.
Matthew 7:1-5
2. Forgive **before** you confront.
Ephesians 4:31-32
3. Your **attitude** should include **wanting the best for the other person**, and wanting God to have His way with you and with the relationship.
Philippians 2:3-4
4. Approach the other person **privately**.
Matthew 18:15
5. Share your thoughts, feelings, and perceptions. Then, ask questions to give the other person an opportunity to respond, and also to **determine if you have perceived** the other person and the situation **accurately**.
Proverbs 18:2, 13, 15, 17
6. If you proceed to confront the other person further, **don't "attack,"** but **let the Holy Spirit do the convicting**.
 - a. Ephesians 4:29
 - b. Ephesians 4:15
 - c. II Timothy 4:2b
7. **Maintain** your **attitude of forgiveness**, no matter what the response of the other person.
Matthew 18:21-22

8. **Don't make "agreement" the goal.** The other person may not agree with you to your satisfaction. Pray that the Lord will give both you and the other person "understanding," and that both of you will see the situation as the Lord sees it and "agree" with Him.

Proverbs 19:8

9. **Pray** that honesty, understanding, truth, forgiveness, love, and obedience prevail in both you and the other person.

Ephesians 4:25-32

10. Remember that **reconciliation will only take place if both you and the other person obey the Lord.** One person can "resolve" an issue in his/her heart, but it takes two to reconcile a relationship.

a. Matthew 18:21-22

b. Luke 17:3-4

II. APPLICATION

WRITE DOWN YOUR ANSWERS TO THE FOLLOWING:

- A. Please take a few moments and describe a past situation where you confronted another person. What was the outcome of that confrontation?

- B. Conversely, have you ever been confronted by someone else? How did you feel about that confrontation, and how would you describe the outcome?

- C. In light of this session, what have you learned about your approach, and God's desired outcome, for a biblical confrontation?

- D. Is there someone you know you need to confront? Who? For what reason?

- E. Are you willing to walk in forgiveness toward the other person even if they don't respond favorably to your confrontation?

- F. Who, that you know and trust, would you be willing to contact to hold you accountable until you have obeyed the Lord in confronting this person?

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TOO LATE**

**for a
FRESH START!**



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How To Process The Issues Of Your Heart:

"Above all else, guard your heart, for it is the wellspring of life." Proverbs 4:23 (NIV B4)

1 Who has offended or hurt you? Or, Who or what have you lost?

Psalms 26:2 "Test me, O Lord, and try me, examine my heart and my mind..." (NIV)

- Choose one person or loss to process.

2 How have you been affected?

Psalms 139:23 "Search me, O God, and know my heart; test me and know my anxious thoughts." (NIV)

- Describe your thoughts • Describe your feelings

3 How have you responded?

Psalms 139:24 "See if there is any offensive way in me, and lead me in the way everlasting." (NIV)

- What have you said? • What have you done? • What have you decided?

4 Pour out your heart to the Lord

Psalms 62:8 "Trust in him at all times, O people; pour out your hearts to him, for God is our refuge." (NIV)

Psalms 142:1-2 "...I pour out my complaint before him..."

- Tell God all about it

1 Thessalonians 5:18 • Ephesians 5:20 • Psalms 50:14-15,23 • Romans 8:28-29

- Give Thanks and submit to His sovereignty

5 Forgive

Matthew 18:21-35

- Forgive the person who hurt or offended you • Repent and receive God's forgiveness for your response.

CANCEL THE DEBT! FORGIVE as you have been FORGIVEN.

6 Release

Psalms 19:14 "May the words of my mouth and the meditation of my heart be pleasing in your sight, O LORD..." (NIV)

Matthew 5:44 "...love your enemies...bless those who curse you... pray for those who spitefully use you and persecute you," (NKJV)

Release the person (the one you have forgiven) to the Lord, and be willing to pray for him/her.

YOU can be FREE to be the person you were created to be!