



Processing the Issues of Your Heart

Participant Guide

Next Steps: Your Journey to Freedom

Congratulations!! You have walked through the first of what we hope to be many processes in your journey to freedom. There is a reason we break this process into parts and not steps that you check off your list. Simply put, it is a process of obedience to the Lord leading to freedom

Fresh Start is the gospel applied to your heart. This process is designed to be a tool in your tool belt for the rest of your life.

Learn it! Use it! And repeat!

There is always more with the Lord!

So, what are your next steps?

No matter where you are on your journey, we hope that you will stay connected and that this is the beginning of an exciting and worthwhile journey in becoming whom you were created to be.

- Get in a processing group! *Check the website for availability in-person or online.
- Begin another process!
- Receive more freedom through Fresh Start's resources.
- Or, maybe you need to connect with someone to ask more questions about your first process.

Let's Pray:

Father God, thank You for the healing we have seen and experienced today. We know this is just the beginning, and we invite You into all the next steps for each heart. Lord, be with these brothers and sisters as they continue on in their journeys toward total freedom for their hearts, minds, bodies, and souls. We believe You are on a mission to see every heart in every nation free from the effects of offense, hurt, and loss. Help each of us to do our part in getting right with You, so we can help others to live the life they were created to live while here on earth. God, for those who have come to know You for the first time, we ask that You would meet them right where they are. Speak to them. Heal them. And give them comfort that in You, they are finally home and loved. Let them know they will never walk this road alone. We all need this reminder, Lord. We love You, God. We are excited about all that You have for each one of us. Help us to take the next step of obedience with You. We trust You, Lord, and we thank You for the gift of freedom that came from Your Son, Jesus Christ. It cost Him everything, including His life, so we could be free. Thank you, Lord. We love You, and pray all this in Your Holy Name, Jesus. Amen!