# Free To Love And To Be Loved



I John 4:19 (NIV)

Part 1: Becoming Relationally Free Session 7: Free To Love And To Be Loved







# PART 1: Becoming Relationally Free

Session 1 Free To Be The Real You
Session 2 Free From The Real Problem

Session 3 The Price Of Freedom

Session 4 Free To Forgive

Session 5 Free To Reconcile

Session 6 Free To Confront

Session 7 Free To Love And To Be Loved



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## I. FREE TO LOVE AND TO BE LOVED

#### A. WHO DO YOU LOVE?

Are you a lover of "self" and pleasure **OR** are you a lover of God and others?

- 1. II Timothy 3:1-4
- 2. Matthew 22:37-40

#### B. HOW DO YOU LOVE?

Are you loving others as Christ loves you **OR** are you loving others the way they love you?

- 1. John 13:34-35
- 2. Luke 6:32-35

#### C. HOW MUCH DO YOU LOVE?

Do you love little and forgive little **OR** do you love much and forgive much?

Luke 7:36-47

#### D. WHERE DOES YOUR LOVE COME FROM?

Who/what is the source of your love?

- 1. John 17:26
- 2. Romans 5:5

#### E. WHY DO YOU LOVE?

What motivates you to love?

- 1. Ephesians 3:14-19
- 2. I John 4:7-19

### II. APPLICATION

#### A. Write out your answers to the following questions:

- 1. Are you a lover of "self" and pleasure **OR** are you a lover of God and others?
- 2. Are you loving others as Christ loves you **OR** are you loving others the way they love you?
- 3. Do you love little and forgive little **OR** do you love much and forgive much?
- 4. Who/What is the source of your love?
- 5. Who/What motivates you to love?
- B. In light of the whole of Part One of this Freedom series, "Becoming Relationally Free," please write out your answers to the following questions:
  - 1. Are you free to **LOVE** and to **BE LOVED**?
  - 2. Are you free to **GIVE** and to **RECEIVE**?
  - 3. Are you free to be **The Real You** the **SON** or **DAUGHTER** that your Heavenly Father has destined you to become, **FULLY ALIVE AND FREE**?
  - 4. In whatever way you know that you are not **FULLY ALIVE AND FREE**, what do you believe is still hindering you?
  - 5. If you would like to experience God's antidote for becoming free from any hindrance, and/or desire to become even more **FULLY ALIVE**, we invite you to continue on to Part Two of the Freedom Series, "Getting Your Whole Heart Back."