



### **HOW TO FIGHT BITTERNESS**

Find Your Missing Peace – Pt 2

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*Make every effort to live in peace with everyone and to be holy... See to it that no one falls short of the grace of God and that no **bitter root grows up** to cause trouble and defile many. (Hebrews 12:14-15)*

- **I believe the enemy wants to plant small seeds of offense – that will grow into a root of bitterness.**

#### **BIG IDEA:**

- **You cannot control what people do, but you CAN control how you respond.**

#### **THE PROBLEMS WITH BITTERNESS:**

##### **1. BITTERNESS HAS A DANGEROUS ROOT.**

*See to it that – no bitter root grows up to cause trouble... (Hebrews 12:15)*

##### **2. BITTERNESS PRODUCES A POINSONOUS FRUIT.**

*See to it... that no bitter root grows up to cause trouble and defile many. (Hebrews 12:15)*

#### **HOW DO YOU KILL THE ROOT OF BITTERNESS?**

*Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. (Ephesians 4:31-32)*

**Step 1. You kill bitterness with compassion.**

*Do not be overcome by evil, but overcome evil with good. (Romans 12:21)*

*Bless those who curse you, pray for those who mistreat you. (Luke 6:28)*

**Step 2. You kill bitterness with forgiveness.**

God forgave me: **freely, generously, absolutely, unconditionally**

- *To forgive – is to set a prisoner free – and then discover – the prisoner was me!*

Your Choice:

- **Relive it**
- **Rehearse it**
- **Release it**

*Get rid of all bitterness... Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." (Ephesians 4:31-32)*