



## **FIGHTING THE BATTLE INSIDE ME**

At War - Pt 2  
Pastor Chris Collins

### **3 ENEMIES IN YOUR LIFE**

1. **The World** - the value system around you
2. **The Flesh** - the old nature within you
3. **The Devil** - Satan is coming against you

*<sup>15</sup> For I do not understand what I am doing, because I do not practice what I want to do, but I do what I hate. <sup>16</sup> Now if I do what I do not want to do, I agree with the law that it is good. <sup>17</sup> So now I am no longer the one doing it, but it is sin living in me. <sup>18</sup> For I know that nothing good lives in me, that is, in my flesh. For the desire to do what is good is with me, but there is no ability to do it. <sup>19</sup> For I do not do the good that I want to do but I practice the evil that I do not want to do. <sup>20</sup> Now if I do what I do not want, I am no longer the one that does it, but it is the sin that lives in me. <sup>21</sup> So I discover this law: When I want to do what is good, evil is present with me. <sup>22</sup> For in my inner self I delight in God's law, <sup>23</sup> but I see a different law in the parts of my body, waging war against the law of my mind and taking me prisoner to the law of sin in the parts of my body. (Romans 7:15-23)*

### **THE COST OF THE BATTLE INSIDE YOU**

1. **Confusion** - vs 15
2. **Guilt and Shame** - vs 16
3. **Compulsions and Addictions** - vs 17
4. **Self-Condemnation** - vs 18
5. **Frustration** - vs 18-20
6. **Discouragement and Despair** - vs 21-23

### **THE CAUSE OF THE BATTLE INSIDE YOU**

- You have **TWO NATURES**

*I love to do God's will so far as my new nature is concerned; but there is something else deep within me, in my lower nature, that is at war with my mind and wins the fight and makes me a slave to the sin that is still within me... So you see how it is: my new life tells me to do right, but the*

old nature that is still inside me loves to sin. Oh, what a terrible predicament I'm in! (Romans 7:22-24)

## GOD'S BATTLE PLAN FOR MY VICTORY

### 1. I must deepen my UNDERSTANDING of Christ.

*Who will free me from this life that is dominated by sin and death? Thank God! The answer is in Jesus Christ our Lord. (Romans 7:24-25a)*

### 2. I must DETECT AND DISARM the lie I'm believing.

*If we claim to be without sin, we deceive ourselves and the truth is not in us. (1 John 1:8)*

- **Behind every self-defeating act IS A LIE I HAVE BELIEVED.**

*The heart is deceitful above all things and beyond cure. Who can understand it? (Jeremiah 17:9)*

- **To stop defeating myself I must stop DECEIVING myself.**

*When you know the truth, the truth will set you free. (John 8:32)*

### 3. I must declare my struggle to SOMEONE ELSE.

*Therefore, confess your sins to one another and pray for one another, so that you may be healed. The prayer of a righteous person is very powerful in its effect. (James 5:16)*

***Live according to your new life in the Holy Spirit.  
Then you won't do what your sinful nature craves.***

*(Galatians 5:16)*