



WHAT SHOULD I DO WHEN I FEEL LIKE GIVING UP?

Comebacks Pt 4
Nehemiah 4:6-12
Pastor Craig Coulter

FOUR SETBACKS THAT CAN CAUSE DISCOURAGEMENT

1. WHEN SOMETHING TAKES LONGER THAN I EXPECTED.

- THIS CAUSES **fatigue.**

They said "We're tired and worn out. We can't keep up this pace!"
(Nehemiah 4:10)

2. WHEN SOMETHING IS MORE COMPLICATED THAN I EXPECTED.

- THIS CAUSES **frustration.**

Besides that, there is so much rubble and trash to be removed!
(Nehemiah 4:10)

3. WHEN I START TO DOUBT MY OWN ABILITY.

- THIS CAUSES A SENSE OF **failure.**

The people said, 'We now realize that we cannot finish this wall.'"
(Nehemiah 4:10)

4. WHEN THE OPPOSITION GROWS STRONGER.

- THIS CAUSES **fear.**

Meanwhile our enemies are threatening to kill us in order to stop this work.
(Nehemiah 4:11)

WHAT SHOULD I DO WHEN I FEEL LIKE GIVING UP?

1. **REORGANIZE WHATEVER IS NOT WORKING.**

So I stationed armed guards at the most vulnerable places of the wall and assigned people by families with their swords, lances, and bows.
(Nehemiah 4:13 MSG)

2. **REFOCUS ON GOD.**

Then as I looked over the situation, I called together the leaders and the people and said to them, “Don’t be afraid of the enemy! Remember the Lord, who is great and glorious.” (Nehemiah 4:14a NLT)

(Jonah) When I had lost all hope, I turned my thoughts once again to the Lord. (Jonah 2:7 LB)

(David) I’m completely discouraged. Revive me by your Word! (Psalm 119:25 LB)

3. **RESIST THE DISCOURAGEMENT.**

(Then I told them) ...Fight for your brothers, and your sons and your daughters, and wives and homes! (Nehemiah 4:14 NIV)