

A stylized illustration of a beach scene. In the top left, there is a large burger with a sesame seed bun, green lettuce, and a tomato slice. In the top right, there is a red watermelon slice. In the bottom left, there is another red watermelon slice. In the bottom right, there is a blue beach umbrella. The background is a dark, stylized landscape with mountains and a palm tree. The text is written in a white, hand-drawn font.

PSALMS

- IN THE SUMMER -

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PSALMS 42-43

"Life is hard. Then you die. Then they throw dirt in your face. Then the worms eat you. Be grateful it happens in that order"

David Gerrold



1) THIRSTING FOR GOD (1-5)

For the choir director.

A Maskil of the sons of Korah.

¹As a deer longs for flowing streams,
so I long for you, God.

²I thirst for God, the living God.

When can I come and appear before God?

³My tears have been my food day and night,
while all day long people say to me,
“Where is your God?”

These are the men David put in charge of the music in the Lord's temple after the ark came to rest there. They ministered with song in front of the tabernacle, the tent of meeting, until Solomon built the Lord's temple in Jerusalem, and they performed their task according to the regulations given to them...

son of Tahath, son of Assir,
son of Ebiasaph, son of Korah

1 Chronicles 6:31-32

He is like a tree planted beside flowing streams
that bears its fruit in its season
and its leaf does not wither.
Whatever he does prospers.

Psalm 1:3



⁴I remember this as I pour out my heart:
how I walked with many,
leading the festive procession to the house of
God,
with joyful and thankful shouts.

⁵Why, my soul, are you so dejected?

Why are you in such turmoil?

Put your hope in God, for I will still praise him,
my Savior and my God.

God has put this Word into the mouth of others in order that it may be communicated to us. When one person is struck by the Word, he speaks it to others. God has willed that we should seek and find his living Word in the witness of a brother, in the mouth of a man. Therefore, the Christian needs another Christian who speaks God's Word to him. He needs him again and again when he becomes uncertain and discouraged, for by himself he cannot help himself without belying the truth.

Dietrich Bonhoeffer

He needs his brother as a bearer and proclaimer of the divine word of salvation. He needs his brother solely because of Jesus Christ. The Christ in his own heart is weaker than the Christ in the word of his brother; his own heart is uncertain, his brother's is sure.

Dietrich Bonhoeffer

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how I walked with many,
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Put your hope in God, for I will still praise him,
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And let us consider one another in order to provoke love and good works, not neglecting to gather together, as some are in the habit of doing, but encouraging each other, and all the more as you see the day approaching.


Hebrews 10:24-25

“I suggest that the main trouble in this whole matter of spiritual depression in a sense is this—that we allow our self to talk to us instead of talking to our self. You have to take yourself in the hand, you have to address yourself, preach to yourself, question yourself. This self of ours, this other man within us, has got to be handled. Do not listen to him; turn to him; speak to him; condemn him; upbraid him; exhort him; encourage him; remind him of what you know, instead of listening placidly to him and allowing him to drag you down and depress you.”

Martyn Lloyd-Jones


“It is remarkable to note how the author speaks to himself. He will not give in to his moods. He takes himself in hand and reproaches himself for his depression. . . . The cure for depression is neither to look in at our grief, nor back to our past, nor round at our problems, but away and up to the living God.”

John Stott



1) THIRSTING FOR GOD (1-5)

2) BROKEN BECAUSE OF GOD (6-
11)



⁶I am deeply depressed;

therefore I remember you from the land of Jordan

and the peaks of Hermon, from Mount Mizar.

⁷Deep calls to deep in the roar of your waterfalls;

all your breakers and your billows have swept over me.

⁸The Lord will send his faithful love by day;

his song will be with me in the night —

a prayer to the God of my life.

⁹I will say to God, my rock,

“Why have you forgotten me?”

Why must I go about in sorrow

because of the enemy’s oppression?”

¹⁰My adversaries taunt me,

as if crushing my bones,

while all day long they say to me,

“Where is your God?”


11 Why, my soul, are you so dejected?

Why are you in such turmoil?

**Put your hope in God, for I will still praise him,
my Savior and my God.**

He said to them, “I am deeply grieved to the point of death. Remain here and stay awake with me.” Going a little farther, he fell facedown and prayed, “My Father, if it is possible, let this cup pass from me. Yet not as I will, but as you will.”

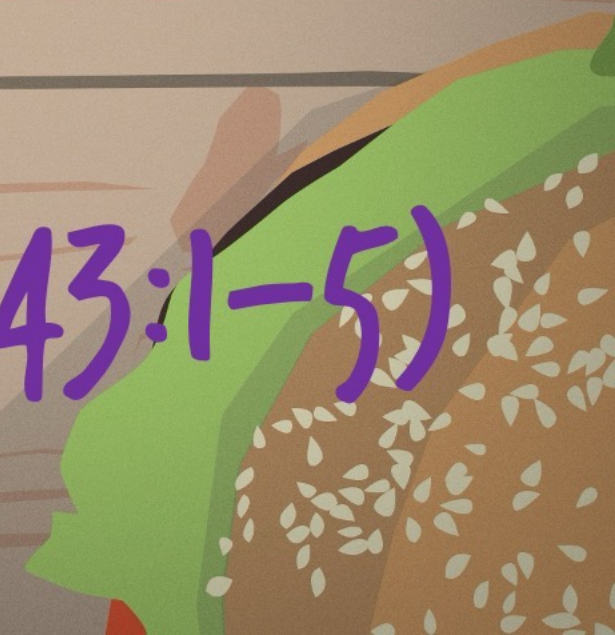
Matthew 26:38-39



1) THE MERCY OF THE LORD (1-3)

2) THE (R)VELTY OF THE ENEMY
(4-9)

3) GUIDANCE FROM GOD (43:1-5)



¹Vindicate me, God, and champion my cause
against an unfaithful nation;
rescue me from the deceitful and unjust person.

²For you are the God of my refuge.

Why have you rejected me?

Why must I go about in sorrow

because of the enemy's oppression?

³Send your light and your truth; let them lead me.

Let them bring me to your holy mountain,
to your dwelling place.

⁴Then I will come to the altar of God,
to God, my greatest joy.

I will praise you with the lyre,
God, my God.

⁵Why, my soul, are you so dejected?

Why are you in such turmoil?

Put your hope in God, for I will still praise him,
my Savior and my God.

Jesus told him, "I am the way, the truth, and the life. No one comes to the Father except through me."

John 14:6

Jesus spoke to them again: "I am the light of the world. Anyone who follows me will never walk in the darkness but will have the light of life."

John 8:12

A stylized illustration of a summer scene. In the top left, a large burger with sesame seeds and green lettuce is partially visible. In the top right, a slice of watermelon is shown. In the bottom left, another slice of watermelon is visible. In the bottom right, a blue bowl of watermelon chunks is shown. The background is a stylized beach scene with a palm tree, mountains, and a sunset sky in shades of blue and purple. The text is written in a white, hand-drawn font over the beach scene.

PSALMS

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PSALMS 42-43