



# 3D Guide

**DO.**

**BOTTOM LINE:** The Gospel is the ultimate source of healing, offering forgiveness, redemption, and a new beginning for all who believe.



1. What does this study reveal to you about God?
2. What does this study reveal to you about yourself?
3. Based on this, what changes do you need to make?
4. What is your prayer for today?



1. What can we learn from the faith of these friends? How are you demonstrating your faith?
2. In what ways can we pick up the corner of someone's mat to help them get closer to Jesus?
3. Why did Jesus proclaim forgiveness of sins to a paralyzed man?
4. What obstacles or barriers do you see in your own life that may hinder you from seeking Jesus' healing and forgiveness?
5. Who in this story do you currently relate to the most: the crowd, the paralytic, the four friends, or the teachers of the law, the homeowner (with a broken roof)? Why?



**DO.**

Anytime you read God's word you have to put things into perspective. You also have to realize that the terms, not words, have meanings. As a group re-read the scriptures that were studied. Try the Amplified Version and compare that to the NJKV, NIV, ESV, or NASB. Pick a few words and have a group member look that word up on [blueletterbible.com](http://blueletterbible.com) or with their app.



**Title: Gospel of Mark: Rise and Walk: Finding Healing in Jesus**

**Scripture: Mark 2:1-12**

**Date: 6/4/2023**

**Bible Version: NLT**

**BOTTOM LINE: The Gospel is the ultimate source of healing, offering forgiveness, redemption, and a new beginning for all who believe.**

**Vs. 1-2**

**When Jesus returned to Capernaum several days later, the news spread quickly that he was back home. <sup>2</sup> Soon the house where he was staying was so packed with visitors that there was no more room, even outside the door. While he was preaching God’s word to them,**

- Capernaum became Jesus’ home base of operations while he was in Galilee.
- Jesus was growing in popularity both for his miracles and his preaching.
- Teaching the truth of the Word of God was a priority to Jesus.
- His basic message remained the same – The long-awaited Messiah has come to break the power of sin and begin God’s personal reign on earth.

**Vs. 3-4**

**<sup>3</sup> four men arrived carrying a paralyzed man on a mat. <sup>4</sup> They couldn’t bring him to Jesus because of the crowd, so they dug a hole through the roof above his head. Then they lowered the man on his mat, right down in front of Jesus.**

*“Your friends determine the quality and direction of your life.” – Andy Stanley*

### **3 truths we learn from these determined friends.**

1. In community we carry each other's mat.
2. In community we push through the mess.
3. In community we bring others closer to Jesus.

### **Vs. 5**

**Seeing their faith, Jesus said to the paralyzed man, "My child, your sins are forgiven."**

- Jesus was the object of their faith.
- Jesus saw the crazy faith and persistence of these friends.
- Jesus responded to the fervent, active faith not a faint, passive faith.
- Jesus, the ultimate physician, is the kind of doctor who can see deeper and diagnose our deepest needs.

*"Forgiveness is the greatest miracle that Jesus ever performs. It meets the greatest need; it costs the greater price; and it brings the greatest blessing and the most lasting results." – Warren Wiersbe*

### **Vs. 6-9**

**<sup>6</sup> But some of the teachers of religious law who were sitting there thought to themselves, <sup>7</sup> "What is he saying? This is blasphemy! Only God can forgive sins!"<sup>8</sup> Jesus knew immediately what they were thinking, so he asked them, "Why do you question this in your hearts? <sup>9</sup> Is it easier to say to the paralyzed man 'Your sins are forgiven,' or 'Stand up, pick up your mat, and walk'?"**

- Jesus was claiming to be God, because God alone can forgive sins.
- This was the beginning of opposition we see to the ministry of Jesus from the religious leaders.
- The Pharisees refused to have an open mind and see the truth that was in front of them, and Jesus knew their critical hearts.

## **Vs. 10-11**

**<sup>10</sup> So I will prove to you that the Son of Man has the authority on earth to forgive sins.” Then Jesus turned to the paralyzed man and said, <sup>11</sup> “Stand up, pick up your mat, and go home!”**

- Jesus proved his deity not only by forgiving the man’s sin and healing his body, but also using the Messianic title “Son of Man.”
- Our greatest need was forgiveness of sins, so God sent a Savior.

## **Vs. 12**

**And the man jumped up, grabbed his mat, and walked out through the stunned onlookers. They were all amazed and praised God, exclaiming, “We’ve never seen anything like this before!”**

- Jesus healed the man’s body and soul. For all intents and purposes, Jesus made this man brand new.
- While the religious leaders sat and criticized, the crowd recognized Jesus as having power and authority and they were amazed and praised God.

### **Walk in Spiritual Freedom.**

1. *Prioritize* the Word of God
2. *Pursue* Authentic Community.
3. *Persevere* in Faith.
4. *Proclaim* the Gospel’s Healing Power.

### **Want to dive deeper?**

 **Connect in Community:** [Find a summer Life Group](#)

 **Devotional:** [Living by Faith](#)

 **Keep Praising:** “Faith Over Fear” playlist on [Spotify](#) and [Apple Music](#).

 **Testimony:** [Joni Eareckson Tada Shares Her Story](#)