



Title: Heart and Soul: Upward
Scripture: Deut. 6:4-5, Acts 2:42-47
Date: 04302017
Bible Version: NKJV

Submission to God:

- Gives us reason and purpose (Upward/Vertical)
- Makes us healthy on the inside (Inward)
- Helps us see those who are close to us but far from God (Outward)
- Gives us a constant awareness of who we were, and what God has saved us from (Downward)

If we move to a place of spiritual health then the sky's the limit.

BOTTOM LINE: If you are to be the person God has called you to be, you have to invest in your spiritual health.

Acts 2:42

Apostles doctrine- We are to be submitted to God's word.

There are multiple applications from the Word of God, but only one interpretation (from the Holy Spirit).

Fellowship- We are to do life together.

Breaking of bread- We are to celebrate communion. Remember the sacrifice of Jesus Christ

Prayers- We are to pray.

Never forget that through Jesus Christ, we have a direct connection to God. This changes everything.

Acts 2:43-47

Result of being healthy: The Lord added to their numbers.

2 Peter 3:9

The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance.

We exist so that people who are close to us but far from God can 'come to repentance' to God through Jesus Christ!

April 30th, 2017

Discuss

Dig Deeper



Heart and Soul: Inward
Deut. 6:5, Acts 2:42-47

3D Guide

BOTTOM LINE: God loves you and has a purpose for you.

DO.



Anytime you read God's word you have to put things into perspective. You also have to realize that the terms, not words, have meanings. As a group re-read the scriptures that was studied. Try a the Amplified Version and compare that to the NJKV, NIV, ESV, or NASB. Pick a few words and have a group member look that word up on blueletterbible.com or with their app.



DISCUSS.

1. How are we suppose to know what to do with our lives?
2. Do you think it's easy to go through life with an exterior that says everything is 'ok' when in reality what is going on inside is a mess?
3. What does it mean to be spiritually healthy on the inside?
4. What are some ways that you can become spiritually healthy starting this week?

DO.



1. What does this study reveal to you about God?
2. What does this study reveal to you about yourself?
3. Based on this, what changes do you need to make?
4. What is your prayer for today?

