



# 3D Guide

DO.

**BOTTOM LINE:** God has instilled in us all the sufficiency that we need to accomplish His purposes and fulfil our mission. 

1. What does this study reveal to you about God?
2. What does this study reveal to you about yourself?
3. Based on this, what changes do you need to make?
4. What is your prayer for today?



1. Why is fear such a hindrance to our walk with the Lord?
2. Spirit of Love: what does this love mean to you and how can we exercise Gods love in our lives?
3. Spirit of Power: how do we activate Gods power in our lives and is it important to walk in His power?
4. What are some blockages to us walking with a sound mind?



Anytime you read God's word you have to put things into perspective. You also have to realize that the terms, not words, have meanings. As a group re-read the scriptures that were studied. Try a the Amplified Version and compare that to the NJKV, NIV, ESV, or NASB. Pick a few words and have a group member look that word up on [blueletterbible.com](http://blueletterbible.com) or with their app.



**Title: Walk in the Spirit**

**Scripture: 2 Timothy 1:7**

**Date: 06/18/2023**

**Bible Version: NKJV**

**Bottom Line: God has instilled in us all the sufficiency that we need to accomplish His purposes and fulfil our mission.**

***2 Timothy 1:7***

***for God has not given us a spirit of fear, but one of power and of love and of a sound mind***

- Julius Caesar had this verse chiselled into a monument: Veni Vidi Vici: I came I saw I conquered!
- This is warrior language, this is a confession we would all like to quote and claim as our own!
- But if we are honest this is not the language and not the attitude of our hearts all the time!
- We too often become discouraged, burdened and absorbed into the arguments of the day

***Romans 8:15***

***For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, “Abba, Father.”***

- God has not given us a spirit of fear: being timid, or weakness ... reluctant; despondent
- There is no growth in fear, it will rob your joy your strength and even your testimony!
- As believers and especially Fathers we need to be the example to our children and family of God’s strength working in and through us!!

- We need to be role models to our families!
- So that our children get to see how men who really loved God make it work in their lives.
- Don't tell your child not to do something you are doing! Lead by example.
- If you are walking in fear and anxiety this can affect your children because they hear the way you talk and react in stressful situations ... so what are they hearing?

### ***Deuteronomy 6:6-7***

***6“And these words which I command you today shall be in your heart. 7 You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up.***

- This is important because first and foremost **you** hear the Word secondly you are spending “Time with your child”
- Nothing says “you’re important” to your child, like the time you spend with them.
- Some of that time can be used as a **teachable moment** to ground your children in God’s Word and Love!
- “for God has not given us a spirit of fear, but one of **power...**”
- Men love the word Power... powerful cars, power tools, powerful trucks, powerful engines ...!
- Here, the word indicates the power to overcome all obstacles and to face all situations.
- It is closely linked with the feeling of boldness.

### ***Romans 8: 11***

***But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you.***

- If only we believed this scripture in its fullness! “But **if** the Spirit of Him who raised Jesus from the dead dwells in you”.
- Think of the implications to this truth. Jesus who had been punched, slapped, kicked, whipped 39 times by a cat of nine tails, a crown of thorns crushed into his skull, nailed to a cross for 6 hours until no breath was found in Him, add to that a spear was thrust into his side, into his heart and if it’s possible to say that He was deader than dead!!
- This mutilated distortion of a human being was **RAISED** up **ALIVE** on the third day!
- What a miracle! Church, the same Spirit that raised Jesus from the dead **NOW** lives in you!!
- We have in us the power of life the power of perseverance the power to **overcome**.

***Ephesians 3:16***

***that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man,***

- “for God has not given us a spirit of fear, but one of power and of love...”
- A spirit of Love, this is not an emotional, momentary love because I’m in a good mood
- This is a love that is produced in you through God’s Holy Spirit.
- It is an active long lasting love, founded in God and in His Word.

**Romans 5:5**

**“Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us”**

- And when we walk in God’s love it produces His peace in our hearts and mind!
- What is this love He has placed in our hearts?

### **1Corinthians 13:4**

***“Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; does not behave rudely, does not seek its own, is not provoked, thinks no evil; does not rejoice in iniquity, but rejoices in the truth; bears all things, believes all things, hopes all things, endures all things. Love never fails...”***

- The injustices we think are injustices will disturb our thinking, rob us of God’s peace and joy and leave fear and chaos in its wake.
- God’s Word has warned us that these things are going to happen, so that we can be prepared and steady our hearts when they do... We must learn to love the person, but we can hate the sin!
- This is our response to the community we live in... but there is another responsibility one that your children will watch, and your sons will imitate

### **Ephesians 5:25**

***Husbands, love your wives, just as Christ loved the church and gave himself for her ...28 So husbands ought to love their own wives as their own bodies; he who loves his wife loves himself***

- What is Paul saying here? Paul is taking us back to creation how women were created, and the reason why women were created
- “Sound mind” means “disciplined” or “self-controlled”.
- God’s Word must become the standard of measurement in our lives and our walk in this life!
- Daniel in the midst of Babylon, did not hide his faith, his God or his identity, yes he went through some very difficult times but God was with him every step of the way.
- “But Christians are not to be motivated by their emotions. Our emotions are not to master us.”
- We are to be disciplined, we are encouraged to “Renew our minds” (Romans 12:1) we are to think positively (Philippians 4:8).

- So, as we study God's Word we need to at the same time look for opportunities to do the little things that you can't necessarily underline or bookmark on a page.
- After all, knowing God's Word is one thing, but living it out makes all the difference (James 1:22).
- In the long run, that's what makes you a good father!