



Heart & Soul: Downward

Date: 05142017

Romans 12:1-5

Bible Version: NKJV

BOTTOM LINE: A spiritually healthy Christ follower will always remember who they were and what God saved them from.

Vs. 1

Therefore- Anytime you see 'therefore' in the scriptures you have to stop and ask what is it there for?

- In light of the previous 11 chapters in Romans and who you are in Christ...I beseech you.

- **Beseech-** admonish, exhort.

Present your bodies a living sacrifice: Give yourself completely to Him. Not just once, but continuously.

Reasonable service: We have our citizenship in Heaven, this is what is reasonable while we are here on Earth.

Vs. 2

Do not be conformed to this world, but be transformed: Don't fit it, change it.

Transformed- to change into another form, transfigure.

By the renewing of your mind: You have to study the Word and seek the Lord.

"The problem with many Christians is they live life based on feelings, or they are only concerned about doing."-Guzik

When our minds are renewed in the Lord, we are reminded of two things:

1. That we are alive in Christ Jesus.

2. That our lives are different because of what Jesus did.

Spending time in God's Word keeps us focused on Him and it keeps us humble.

Vs. 3

But to think soberly: Paul says we have to think soberly. We have to stop being so myopic.

When Christians have high or elevated opinions of themselves two things happen:

1. Church becomes about them.
2. People become obstacles.

Vs. 4-5

You and I have a function in the family of God. If we are not present then we are missed.

May 14th, 2017

Discuss

Dig Deeper



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Romans 12:1-5

3D Guide

DO.

BOTTOM LINE: A spiritually healthy Christ follower will always remember who they were and what God saved them from.



Anytime you read God's word you have to put things into perspective. You also have to realize that the terms, not words, have meanings. As a group re-read the scriptures that was studied. Try a the Amplified Version and compare that to the NJKV, NIV, ESV, or NASB. Pick a few words and have a group member look that word up on blueletterbible.com or with their app.



DISCUSS.

1. On occasion we get into really busy seasons of life. When this happens it's easy to cut our time short with God. Have you ever spent time away from God's word for a season? How did your spirit feel?
2. What does Paul mean by "Do not be conformed by this world, but be transformed by the renewing of your mind"?
3. The scripture calls us to remain humble and submitted to God. This happens through the "renewing of your mind". What does this mean to you? What are some practical tips you could share with your group on how you do this?

DO.



1. What does this study reveal to you about God?
2. What does this study reveal to you about yourself?
3. Based on this, what changes do you need to make?
4. What is your prayer for today?

