



Title: This Summer I Am Going To ____ . Experience Real Joy.

Scripture: Philippians 4:1-9

Date: 07092017

Bible Version: NKJV

BOTTOM LINE: Joy is not wrapped up in what you do, but who you belong to.

Vs. 1

therefore- What is this therefore there for? Paul ties this into the thought of Phil 3:21 (the resurrection).

So stand fast- stand firm; to persist; to persevere.

In the Lord- In our creator.

Vs. 2

Be of the same mind in the Lord- Apparently Paul calls these two women to be of the same mind.

Whatever dispute you may have with another, you have greater common ground in Christ Jesus.

You can be technically right but spiritually wrong if you are not forgiving, gracious and merciful. - (Courson)

Vs. 3

True Companion- Paul instructed them to help with this dispute. To be a true companion.

With heaven just a breath away we should live every moment with such incredible excitement.

Vs. 4

Rejoice - To be glad, to be well, to thrive.

Rejoice x 2

Despite the circumstance, REJOICE; have joy.

In The Lord- Paul wanted to be clear because He said to rejoice IN the Lord.

I can't always rejoice in my circumstance, but I can always rejoice in the Lord.- Courson

Vs. 5

Gentleness be known to all men - mild mannered to all people.

The Lord is at hand - The Lord is returning soon, and with that we should live with great joy.

We have to live with an awareness that Jesus is returning soon.

Vs. 6

Be anxious for nothing - This is a command and not an option for us.

Prayer and supplication, with thanksgiving - Prayer is broad communication with God. Supplication means a specific need.

The antidote to anxiousness is a heart to heart conversation with God.

Vs. 7

Peace of God- There is peace with God through a relationship with Jesus Christ and there is a Peace of God when we connect with Him and acquire His heart.

The outside world will never understand how our faith can result in joy filled peace.

Will guard your hearts and minds- It's not that you are turning a blind eye to the problem of the day, but the glory of God blocks out the insignificant trials of life.

Vs. 8-9

Meditate on these things- Paul gives us instructions on what we can focus on when things are difficult.

Even 'spiritual' people can become discouraged.

July 9th, 2017

Discuss

Dig Deeper



This Summer I Am Going T_____?
Philippians 4:1-9

3D Guide

DO.

BOTTOM LINE: Joy is not wrapped up in what you do, but who you belong to.



Anytime you read God's word you have to put things into perspective. You also have to realize that the terms, not words, have meanings. As a group re-read the scriptures that was studied. Try the Amplified Version and compare that to the NJKV, NIV, ESV, or NASB. Pick a few words and have a group member look that word up on blueletterbible.com or with their app.



DISCUSS.

1. If you are a follower of Christ does this mean you will always a poster child for joy? Why or why not?
2. What are things that can take away from our joy?
3. What does the acronym J.O.Y. stand for? What happens when you rearrange the words?
4. How can you experience real joy in your life this summer?

DO.



1. What does this study reveal to you about God?
2. What does this study reveal to you about yourself?
3. Based on this, what changes do you need to make?
4. What is your prayer for today?



Parents & Kids

TAKE **HOME**

DATE: July 9th, 2017

Scripture: Ephesians 6:11-18 - Armor of God

Take Home Questions:

Now, is the breastplate of righteousness something we actually wear, like we might wear a jacket?

Do we keep our breastplates of righteousness hanging up in our closets?

So how do we put on the breastplate of righteousness?

Look up Psalm 119:9-11. What do these verses have to do with righteousness?

Memory Verse: Ephesians 6:14

Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place,

