



Are You Satisfied?

Scripture: John 6:26-35

Date: 10-23-22

Bible Version: NLT

BOTTOM LINE: Jesus alone can save, satisfy, and sustain.

Are You Satisfied?

The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life. John 10:10

- Jesus' mission to humanity includes the offer to experience true satisfaction.
- *"There is a God-shaped vacuum in the heart of each man which cannot be satisfied by any created thing but only by God the Creator, made known through Jesus Christ." Blaise Pascal*

²⁶ Jesus replied, "I tell you the truth, you want to be with me because I fed you, not because you understood the miraculous signs. ²⁷ But don't be so concerned about perishable things like food. Spend your energy seeking the eternal life that the Son of Man can give you. For God the Father has given me the seal of his approval." John 6:26-27

- Jesus had miraculously fed the crowd once through the feeding of the 5,000, now they wanted more.
- The people were more interested in His power, and NOT His presence.

"Jesus made a contrast between material things and spiritual things. It is almost universally true that people are more attracted to material things than spiritual things. A sign that says free money and free food will get a bigger crowd than one that says spiritual fulfillment and eternal life." – Guzik

32 Jesus said, "I tell you the truth, Moses didn't give you bread from heaven. My Father did. And now he offers you the true bread from heaven. 33 The true bread of God is the one who comes down from heaven and gives life to the world." 34 "Sir," they said, "give us that bread every day." John 6:32-34

- They demand Jesus perform signs and wonders and bring bread like Moses
- Jesus corrects them and states that God supplied the bread, not Moses, and He offers something better.

I Am the Bread of Life

35 Jesus replied, "I am the bread of life. Whoever comes to me will never be hungry again. Whoever believes in me will never be thirsty. John 6:35

- Three powerful truths in this statement that claims Jesus' divinity and His offer for eternal life.

1. The Bread of Life is the only thing that can *SAVE* you.

- We cannot work our way to heaven. The purpose of the Gospel of John is to remind everyone who reads it that true life is found in those who *believe* that Jesus is the son of God.

2. The Bread of Life is the only thing that can *SATISFY* you.

- Jesus came to not only save, but to bring a rich and satisfying life.

"If I find in myself desires which nothing in this world can satisfy, the only logical explanation is that I was made for another world." – C.S. Lewis

- All created things can't satisfy, so Jesus is the only true source for satisfaction.
- It's more than information about God, it's intimacy with God.

3. **The Bread of Life is the only thing that can *SUSTAIN* you.**

- Jesus is offering something more than a temporary fix.
- When you believe in Jesus and walk with him daily, he will sustain you.

How People Respond to Jesus

1. **Some people just *COMPLAIN* about Jesus.**

But Jesus replied, "Stop complaining about what I said. John 6:43

- Rather than believe, some would grumble and complain and what it means to follow Jesus.

2. **Some people are *CONFUSED* about Jesus.**

Many of his disciples said, "This is very hard to understand. How can anyone accept it?" John 6:60

- It wasn't that Jesus message was too hard to understand, but too hard to accept.
- Jesus was requiring total allegiance to Him, putting Jesus first in their life, even before literal bread.

3. **Some people become *CASUAL* about Jesus.**

At this point many of his disciples turned away and deserted him. John 6:66

- So many become casual, and unfollow Jesus, because they know it's going to cost them something.

"The Christian ideal has not been tried and found wanting. It has been found difficult, and left untried." – G.K. Chesterton

4. Only a few remain **COMMITTED** to Jesus.

67 Then Jesus turned to the Twelve and asked, "Are you also going to leave?" 68 Simon Peter replied, "Lord, to whom would we go? You have the words that give eternal life. John 6:67-68

- Where else, besides Jesus, can we turn for the promise of eternal life?
- Salvation is a gift, it costs nothing. Choosing to walk with Jesus will cost you something. Refusing to believe in Jesus will ultimately cost you everything.
- Jesus alone is the source of satisfaction.



Are you Satisfied?

*3D Guide***DO.****BOTTOM LINE: Jesus alone can save, satisfy, and sustain.**

1. What does this study reveal to you about God?
2. What does this study reveal to you about yourself?
3. Based on this, what changes do you need to make?
4. What is your prayer for today?



1. What kind of “hunger and thirst” is Jesus talking about in John 6:35?
2. What is the difference between knowing, believing, and following Jesus?
3. Where and what do people in our world often look to for satisfaction? Why does it always come up empty?
4. What kind of follower of Jesus are you currently? (Complaining, Confused, Causal, Committed)

**DO.**

Anytime you read God’s word you have to put things into perspective. You also have to realize that the terms, not words, have meanings. As a group re-read the scriptures that were studied. Try the Amplified Version and compare that to the NJKV, NIV, ESV, or NASB. Pick a few words and have a group member look that word up on blueletterbible.com or with their app.

