



Sermon Guide: The Armor we Have - 06/21/26

Text(s): Ephesians 6:10-14a

Big Idea: *We are strengthened by God as we put on the armor he provides*

Summary of the Sermon - God has provided his people with his own armor through the finished work of Jesus Christ. The armor of God is not a collection of spiritual techniques but the benefits and privileges of the gospel that are ours in Christ and must be actively applied by faith. As believers put on the whole armor of God and stand in His strength, they are enabled to persevere faithfully in the battle, bringing glory to God rather than themselves.

Discussion Questions

1. What stood out to you most about the idea that the armor belongs to God and not to us? How does that change the way you think about spiritual warfare?
2. The sermon described the armor as "the benefits and privileges of the gospel." How does that differ from viewing the armor as a list of spiritual techniques or disciplines?
3. The illustration of the life jacket highlighted the difference between possessing something and actually using it. In what ways are you tempted to leave God's provision "hanging in the closet" rather than actively living in it?
4. Why do you think Paul emphasizes the *whole* armor of God rather than just individual pieces?
5. Which aspect of the armor (truth, righteousness, peace, faith, salvation, or God's Word) do you most naturally gravitate toward? Which area do you tend to neglect?
6. The sermon emphasized that God understands the battle better than we do. How does that truth encourage you when facing struggles, temptations, or uncertainties?
7. What does it mean to pursue maturity by growing deeper into what Christ has already secured for you rather than trying to move beyond the gospel?
8. The sermon described the Christian life as "active dependence." What does that phrase mean to you, and how does it help avoid both self-reliance and passivity?
9. Where is the battle meeting you most directly right now—in temptation, discouragement, fear, doubt, pride, relationships, witness, or another area? What gospel truth do you most need to bring into that place?
10. The promise of Ephesians 6 is not that believers avoid battle but that they will be enabled to stand. How does that promise encourage you in your current season of life?