

Addiction is sin out of control. Jamie said one thing all addictions have in common is they take priority over every other thing in life, addictions dominate. But Jesus has the power to free us from any sin enslaving us. Read about people being locked in sin in **2 Peter 2:19**, **Proverbs 20:1**, **Proverbs 23:29-35**, **Proverbs 23:20-21**.

What are the dangers of addiction? List three, then discuss why people become addicted. Explain how it begins, and how people make the decision to continue the addiction. Why is this? Discuss.

Read **1 Corinthians 6:19-20**. How does action correlate with ending addiction? If someone realizes they may be on the way to being addicted to something, what can they do to discontinue it? Discuss.

Read 1 Timothy 6:9-10. Jamie said, "Almost every sin, left unchecked, is potentially enslaving. Some people get addicted to lying, stealing, shoplifting, even criticism. Pride, anger, gossip, greed can become addictive. Sin, of every kind, is so dangerous because a person is a slave to whatever masters him. But Jesus can help the addicted because He has the power to free us." There's a quote by C.S. Lewis that says, "Some people pray, 'Lord, help me to overcome this sin...but not yet.'" You've got to want to change, to be free, because Jesus won't force it on you. Why might some people not want to change, but stay in the addiction? Be accountable to another Christian. Read James 5:16. How can relationships help break the chain for someone?

Look for ways to serve. Read Luke 8:38-39. You can be empowered when you make your focus onto others instead of your temptations. You end up wanting to be a positive example for other people's sake, not just your own. When we help others, we are strengthened by Jesus. Paul knew all about the battle and we read about it in **Romans 7:21-**25. How can we serve and help others? List three ways, then pray, asking God to help you see people the way He does, to use you, and to help people overcome their addictions through Jesus Christ.

"No matter how strong, smart, respected you are, you can't defeat the sin that enslaves you, on your own. But your Heavenly Father is waiting to help you if you'll just ask Him and let Him have control." Read **Philippians 4:13**. You are not alone! With Jesus, you can do all things!