DISCUSSIONNOTES

7.26.20

ESSENTIALS

Begin by reading **James 2:19**. This is such a powerful verse because not only does it show the dangers of ONLY believing, but the realistic representation that even DEMONS believe, *and shudder at the mere thought*. Explain what this verse means to you and what this could represent in the church.

We must add repentance to our faith. "It leads to salvation through the loving grace of our perfect God." Besides living a life that doesn't honor God, what happens if people just believe, but don't repent or go further in their relationship with God? How could this effect people in their life?

Jamie mentioned repentance is one of those "church words". He listed three words that help define it. *Conviction, contrition, and change*. Read the verses below that correlate with these three words, then discuss the verses and the meaning of the words together. *Romans* 6:23, *Philippians* 3:3, *John* 16:8, *Romans* 3:23, *Psalm* 51:1-4.

Jamie said Christians are good at dodging repentance. Do you think this is true? Why or why not? Is comparison an enemy? Instead of looking and confronting our sins, do we compare and rationalize them instead? Why do we do this? How do we stop? Discuss.

"To repent means, you quit ignoring your sins. You become aware of sin in your life. The Holy Spirit convicts you, tugs at your heart." When you sin, how do you feel? All sin is against God. Does your heart break when you sin because it breaks God's? Do you feel sorry? Do you keep committing the same sin over again? Explain how you feel, then read **2 Corinthians 7:10** and **James 5:16.**

Real repentance involves conviction, contrition, and change. But how do we repent? We have to change our direction and behavior. Peter Marshall prayed, "Lord, thank You that we can come to You just as we are. But remind us that we dare not leave as we came." Read 1 John 1:19 and 1 Thessalonians 5:22. "You prove your repentance by the way you live and love. Prove your repentance by changing your direction and your behavior." What are some ways you'd know if someone actually changed their behavior and repented of their sin?

Read **Acts 3:19-20**. The benefit of repenting is relief, refreshment, and restored relationships. It gives peace with God and others. Read **Luke 15:10** and **Acts 17:30**. Close by praying for people to add repentance to their faith and be changed for His glory.