



AM I TELLING MYSELF THE TRUTH?

YOUR MOVE 2026 SERIES: EPISODE 1 OF 6

Hebrews 11:24-25; 2 Corinthians 4:17; Romans 12:2

1. AM I TELLING MYSELF THE TRUTH?
2. WHAT STORY DO I WANT TO TELL?
3. AM I PAYING ATTENTION TO TENSION?
4. WHAT WOULD HONOR GOD MOST?

TO RESOLVE: *to decide, settle, determine, purpose*

RESOLUTION: a firm determination to do something

“THE SECRET TO A SUCCESSFUL CHRISTIAN LIFE IS A SERIES OF NEW COMMITMENTS.”

MAIN IDEA: SELF-HONESTY LEADS ME TO THE RIGHT PATH

FROM THE LIFE OF MOSES

1. AM I **DEFINING** MYSELF BY OTHERS?

By faith, Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter. Hebrews 11:24

I'M NOT GOING TO LET OTHER PEOPLE'S APPROVAL OR DISAPPROVAL SHAPE MY LIFE.

Don't let the world around you squeeze you into its own mold, but let God remold your minds from within, so that you may prove in practice that the plan of God for you is good... Romans 12:2

REAL SUCCESS IN LIFE IS BEING EXACTLY WHO GOD MADE YOU TO BE. NOTHING MORE. NOTHING LESS.

2. AM I CHOOSING SHORT-TERM **COMFORT** OVER LONG-TERM **GAIN**?

“COMFORT IS THE ENEMY OF PROGRESS”

“WE HAVE TRADED SHORT-TERM DISCOMFORT FOR LONG-TERM DYSFUNCTION”

ONLY ABOUT 2% OF AMERICANS MEET THE MINIMUM PHYSICAL ACTIVITY GUIDELINES FOR BOTH STRENGTH AND CARDIO.

Moses chose to be mistreated along with the people of God rather than to enjoy the pleasures of sin for a short time. Hebrews 11:25

These present troubles are quite small and won't last very long. Yet they produce for us an immeasurably great glory that will last forever! 2 Corinthians 4:17

GOD'S MORE INTERESTED IN YOUR CHARACTER THAN YOUR COMFORT.

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