



CONTENTMENT

EPISODE 1 OF 5

NEVER IN HISTORY DO WE HAVE SO MUCH, YET CRAVE SO MUCH MORE.

ENVY: THE UNCONTROLLED DESIRE TO ACQUIRE

DEFINITION: ENVY IS RESENTING GOD'S GOODNESS IN SOMEONE ELSE'S LIFE AND IGNORING HIS GOODNESS IN OUR OWN LIFE.

MAIN IDEA: IN CHRIST, I CAN MASTER CONTENTMENT

I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through [Christ] who gives me strength.

Philippians 4:12-13

1. WE WILL KILL COMPARISONS

We do not dare to classify or compare ourselves with some who commend themselves. When they measure themselves by themselves and compare themselves with themselves, they are not wise.

2 Corinthians 10:12

For where you have envy and selfish ambition, there you find disorder and every evil practice. James 3:16

2. WE WILL CULTIVATE GRATITUDE.

For the despondent, every day brings trouble; for the happy heart, life is a continual feast. Proverbs 15:15

Enjoy what you have rather than desiring what you don't have... Ecclesiastes 6:9

...I have learned the secret of being content in any and every situation...I can do all this through [Christ] who gives me strength.

Philippians 4:12-13

3. RELEASE WHAT YOU HAVE TO OTHERS

There is more happiness in giving than in receiving. Acts 20:35

MAIN IDEA: IN CHRIST, I CAN MASTER CONTENTMENT

THE BEST WAY TO FIGHT BEING DISCONTENT AND ENVY IS THROUGH GIVING YOURSELF AWAY!

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