



## ENCOURAGING WORDS

Authentically Optimistic: Episode 4 of 6

### MAIN IDEA: A SINGLE WORD OF ENCOURAGEMENT FUELS AUTHENTICITY AND OPTIMISM.

*I have heard all this before. What miserable comforters you are! Won't you ever stop blowing hot air? What makes you keep on talking? I could say the same things if you were in my place. I could spout off criticism and shake my head at you. But if it were me, I would encourage you. I would try to take away your grief.*  
Job 16:2-5 NLT

*The tongue has the power of life and death...* Proverbs 18:21

*But encourage one another daily, as long as it is called "Today," so that none of you may be hardened by sin's deceitfulness.*  
Hebrews 3:13

*Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.* Ephesians 4:29

*David was now in great danger because all his men were very bitter about losing their sons and daughters, and they began to talk of stoning him. But David found strength in the Lord his God...*  
1 Samuel 30:6

*...but David encouraged himself in the Lord his God.*  
1 Samuel 30:6

*Then David asked the Lord, "Should I chase after this band of raiders? Will I catch them?" And the Lord told him, "Yes, go after them. You will surely recover everything that was taken from you!"* 1 Samuel 30:8

**I AM THE RIGHTEOUSNESS OF GOD**  
**I AM AN OVERCOMER BY THE BLOOD OF THE LAMB**  
**I AM A CHILD OF THE LIVING GOD**  
**I AM A JOINT HEIR WITH JESUS**  
**I AM AN AMBASSADOR**  
**I AM FREE FROM THE LAW OF SIN AND DEATH,**  
**I HAVE THE MIND OF CHRIST**  
**I AM FILLED WITH SPIRIT**  
**I AM GOD'S WORKMANSHIP, CREATED FOR GOOD WORKS**  
**I AM A NEW CREATION**  
**I AM THE LIGHT OF THE WORLD**  
**I AM THE SALT OF THE EARTH**  
**I AM MORE THAN A CONQUEROR**  
**GOD HAS NOT GIVEN ME A SPIRIT OF FEAR OR TIMIDITY**  
**I CAN DO ALL THINGS THROUGH CHRIST WHO GIVES ME STRENGTH!**

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