

How to Deal with Darkness

Psalm 88

Introduction

I. The Author

Heman the Ezrahite (1 Chron 6:31-33; 15:15-17; 16:41-42; 25:5-7; 1 Kings 4:31)

II. The Anguish

The Causes of Depression

1. Situational Causes
2. Systemic Causes
3. Satanic Causes
4. Spiritual Causes

III. The Application

Conclusion

