

RUNNING ON EMPTY

SERIES: SUMMER ROAD TRIP – PT. 3

Isaiah 40:28–31 (NASB)

WHAT TO KNOW: YOU MIGHT BE EMPTY

_____, AND _____,

BUT YOU ARE NOT _____.

*(Hope Verse) Psalm 34:18 (NASB) The Lord is near to
the brokenhearted and saves those who are crushed in spirit.*

THE PROBLEM WITH RUNNING ON EMPTY:

1. Empty people _____ their _____

Nehemiah 8:10 "...Do not be grieved, for the joy of the Lord is your strength."

2. Empty people become _____ vulnerable.

1 Peter 5:8 (NASB) "Be of sober spirit, be on the alert. Your adversary, the devil, prowls around like a roaring lion, seeking someone to devour."

WHAT TO DO: LET GOD _____ YOU UP.

**1. God is the only One who can fill an _____
_____.**

John 4:13–14 Jesus answered and said to her, "Everyone who drinks of this water will thirst again; ¹⁴ but whoever drinks of the water that I will give him shall never thirst; but the water that I will give him will become in him a well of water springing up to eternal life."

2. Stay connected to the _____.

John 15:5 (NASB) Psalm 23:1–3 (NASB)