



Transformed: From Jonah's Reluctance to God's Relent (Jonah)

Jonah 2:1-10

March 11, 2026 – Pastor Ben Schrank

How does God want to USE you?

“For we are his WORKMANSHIP, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.” Ephesians 2:10

Jonah's Physical Response:

- Avoidance... “FLEE TO TARSHISH.” (1:3)
- Anger... “AND HE WAS ANGRY.” (4:1)
- Asleep... “WAS FAST ASLEEP.” (1:5)

Jonah's Faith Response:

- Selfish, reluctant and UNTRANSFORMED.

“I called out to the Lord, out of MY distress.” Jonah 2:1

“...for they repented at the PREACHING of Jonah.” Matthew 12:41

“God RELENTED of the disaster that He has said he would do to them, and He did not do it.” (Jonah 3:10).

Jonah cared more about the PLANT than he did the PEOPLE.

“For it is GOD who works in you, both to will and to work for his good pleasure.” 2:13

For this Sunday, read Romans 12:1-21