



LIFEwork for the week starting July 21 2019
FIXER UPPER: RENOVATION

SHARE

1. If anyone in your group has a smartphone (I'm imagining most do), pull them out and look at your "screen time" for the past 7 days. You should also be able to look at what apps you've spent the most time on. If you can't figure out how to do this, or most of your "screen time" comes on a computer, talk about where and how much you spend your time. Now, compare that to how much time you're spending on your relationship with God and even your human relationships. Any insights into how we're programming ourselves?

READ

2. Read Galatians 5:13-26. What were some of the sins Paul specifically felt it necessary to address? If you were a Christian in Galatia, how might you have received this rebuke? How about as a Christian in Bakersfield?
3. Paul talks about the "flesh," which means more than our physical body. It includes the mind, will and emotions, which are all corrupted by sin. What would our life and society look like if everyone follows the appetites of the flesh? What if we walk in step with the Spirit?
4. Read Ephesians 5:1-16 for more insight into what it looks like to walk in the Spirit. What difference does this make in our own lives, not to mention our witness?
5. Look again at the "fruit of the Holy Spirit" list in Galatians 5. Sometimes we excuse ourselves and think that "patience isn't my gift," as if we can pick and choose which fruit to bear for God (spoiler alert: He wants to see them all in your life!). Which ones do you struggle with the most?

APPLY

6. What is a simple thing (or two) you can change in your life to fill yourself with the good things that lead to you bearing more fruit?

PRAY



FIXER UPPER - RENOVATION

Galatians 5:13-26

July 21, 2019 – Pastor Eric Van Scharrel

“And those who belong to Christ Jesus have **CRUCIFIED** the **FLESH** with its passions and desires.” -Galatians 5:24

God’s **DESIGN** is for followers of Jesus
to bear the **FRUIT** of the Holy Spirit.

The **ROTTEN** fruit:

- | | | |
|---------------------|---------------|-----------------|
| - sexual immorality | - impurity | - sensuality |
| - idolatry | - sorcery | - enmity |
| - strife | - jealousy | - fits of anger |
| - rivalries | - dissensions | - envy |
| - drunkenness | - orgies | - etc. |

“PRACTICE” = continual, habitual action.

These unhealthy **APPETITES** are **NEVER SATISFIED!**



H.A.L.T. = Hungry, Angry, Lonely, Tired

The fruit of the **HOLY SPIRIT**:

- | | | |
|----------------|--------------|----------------|
| - love | - joy | - peace |
| - patience | - kindness | - goodness |
| - faithfulness | - gentleness | - self-control |

Psalm 1 – “Blessed is the man who...”

God wants to re-train your **BRAIN!**

When it comes to spiritual fruit, it’s “out of **SIGHT**, out of **MIND**.”

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LIFEWORSHIP IS AVAILABLE AT THE LIFEGROUPS KIOSK OR AT SJLCHURCH.ORG/SERMONS