



## Bible study for the week starting February 1, 2026

### SHARE

Was there ever a time where you thought, “I’m in WAY over my head!”? Speaking in front of a huge group or needing a skillset you didn’t have, etc. How did you process that feeling of overwhelm or insufficiency?

### READ/STUDY/DISCUSS

1. Read **Mark 1:29-39**. We see Jesus just getting started with His earthly ministry. What are His main activities, and what are their purposes? What does Jesus say about the primary reason He came?
2. Jesus did a great job of getting away to desolate places. What “desolate places” have you found? What works for you to give you the margin you need for communion with God and preparation for all the other demands of life?
3. Kind of like getting married or parenting a newborn, Jesus doesn’t wait until we’re completely ready before He sends us out on His mission. How have you learned by doing?
4. Read **Isaiah 61:1-4**. There are certain marks that accompany the work of God’s Spirit; what are they? How did Jesus exhibit these characteristics in His ministry? How might we?
5. Read **2 Timothy 4:1-8**. The work of preaching and evangelizing (speaking forth the Gospel) are vital tasks. Why is this so, and what are the challenges?
6. God has plenty of work to do for those who are willing; are you? And if so, do you see any ways God might be “messing with you,” to put on your heart a calling to do a specific work for Him?

### PRAY

Pray for God to prepare us, giving us the toolbox we need for ministry, but especially a willing spirit to do His work.



## **LIGHT & LIFE: MEANINGFUL MINISTRY**

**Mark 1:29-39 (Isaiah 61:1-4, 2 Timothy 4:1-8)**

**February 1, 2026 – Pastor Eric Van Scharrel**

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### **FAN or FIELD?**

The disciples are WITH Jesus when the ACTION happens. There is no detachment; it is intensely PERSONAL.

The disciples are not just SPECTATORS; they are SHADOWING Jesus.

WATCHING with the goal of then DOING

“...very EARLY in the morning...” (Mark 1:35).

Jesus spent time in DESOLATE places, so that He was ready to engage in IMPACTFUL relationships.

AU = AUTHENTIC UNINTELLIGENCE

God's WILL and PURPOSE: Jesus came to PREACH.

Putting these things into practice starts the second you're CALLED.

*For next week, read Matthew 5:1-16.*