



Bible study for the week starting June 28, 2026

(Note to Leader: Bring a copy of Luther's Small Catechism for Q2)

### SHARE

This week's psalm contains the theme statement we've been using: "He restores my soul." Share what this phrase means to you, and perhaps a time when your soul has been restored.

**Summer in the Psalms:** Be sure to be reading through the Psalms this summer. This week is **Psalm 61-75**

### READ/STUDY/DISCUSS

1. Read **Psalm 23:1** (from different translations, if possible). What version best represents for you what the psalmist is trying to communicate?
2. Read **Psalm 23:2-3**. Green pastures, still waters, soul restoration – all things that come to us because the Lord is our shepherd. Ask someone to read in Luther's Small Catechism the explanation to the first article of the Apostle's Creed. Compare and contrast what Luther says comes from God to what the psalmist says flows to the shepherd's sheep.
3. Read **Psalm 23:4-5**. Note that the psalmist switches from describing things the Lord, as shepherd does (for the sheep) to speaking to the Lord (and nearly abandoning the shepherd metaphor!). What do you think is the purpose of this change?
4. **Psalm 23:4** describes the journey through the valley of the shadow of death, or the valley of dark-death shadows. How does **John 10:1-4** enhance your understanding on how this journey is accomplished.
5. **Psalm 23:5** describes a "table" event. What other tables in scripture come to mind? How are these like or unlike the table the psalmist describes?
6. **Psalm 23:6** declares two attributes that follow us "all the days of our lives." Share how this has been happening in your life, and encourage each other by reflecting on how you have seen God's goodness and mercy in the LIFE group itself.

### PRAY

Think of folks you know that may need a confirmation that the Lord's goodness and mercy is indeed following them. Pray for them and that the Lord may grant you wisdom to be able to communicate the Lord's goodness and mercy to them (or him or her).



## THE LORD IS MY SHEPHERD

Psalm 23

June 28, 2026 – Pastor Marvin St. Pierre

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“He **RESTORETH** my soul.” Psalm 23:3

Sheep don't **PICK** their shepherd; rather the shepherd **MAKES** the sheep his own.

“I am the Good Shepherd **BECAUSE** I lay down my life for the sheep.” – *Jesus*

“And the Spirit of the Lord **RUSHED** upon David from that day forward.”

*1 Samuel 16:13*

“Repent and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins, and you **WILL** receive the gift of the Holy Spirit. For the **PROMISE** is for you and your children, everyone whom the Lord our God **CALLS** to Himself.

*Acts 2:38-39*

“For the promises of God find their Yes in Jesus. That is why it is through Him that we utter our Amen to God for His glory. And it is God who establishes us with you in Christ, and has anointed us, and who has also put His **SEAL** on us and has given us His Spirit in our hearts as a **GUARANTEE**.

*2 Corinthians 1:20-22*

*For next Sunday, read Psalm 84*