



Bible study for the week starting June 14, 2026

SHARE

How are you with awkward silences? How long can you sit with someone else and not speak?

When have you prayed and God has seem silent? What were you praying for? What does God grow in us while we wait?

Summer in the Psalms: Be sure to be reading through the Psalms this summer. This week is **Psalm 31-45**

READ/STUDY/DISCUSS

1. Read **Psalm 13** What words resonate most with you today? Where do you see Jesus in this Psalm?
Suffering: how long does the psalmist cry out how long? How many times have you asked that?
Supplication: "Consider and answer" Have you ever been waiting on an answer from the Lord?
Sing: Why is Singing and important part of the suffering process.
2. Read **Mark 1 29-39** Jesus healed many throughout his ministry... but not everyone. How does this make you feel? If you had the power to heal...how would you do it? Why do you think Jesus does it this way?
3. Read **2 Corinthians 6:4-10** This is a list of Struggles that we can expect for being a Christian. What are we encouraged to understand

PRAY

Pray that we would find peace in the awkward silences and not distress in the void...pray that we would lean into the quiet as we restore our soul... being refreshed by the words that Jesus spoke...not just the words we wish he would.



IN THE SILENCE

Psalm 13, 2 Corinthians 6:4-10 ; Mark 1:29-39

June 14, 2026 – Pastor Ben Schrank

“He restores **MY** soul.”

Psalm 23:3

“For God alone my **SOUL** waits in silence; from him comes my salvation.”

Psalm 62:1

If God is all **GOOD** ...

And He is all **POWERFUL** ...

Why is He **SILENT** in the face of evil?

We Assume Silence...

- 1) ...because life is too **LOUD**.
- 2) ...because God cannot be **MANIPULATED**.
- 3) ...because He has already **SPOKEN**.

“Jesus is the **VOICE** of God in the face of evil...not ignoring evil...or removing evil entirely...but by providing an **ETERNAL** solution to the effects of evil and His promised **PRESENCE** within it.”

“It might take us years to fully submit to these six mountainous verses. Why? This prayer, short though it is, compresses three long seasons of life: **SUFFERING**, **SUPPLICATION**, and **SINGING**.”

- Chad Bird

Suffering: “How **LONG?**” ... “**WHY** have you forgotten me?”... “My companions have become **DARKNESS**.”

Supplication: “**CONSIDER** and **ANSWER** me.” ... “**HEAR** the voice of my pleas for mercy.”

Singing: “I will **SING**.” ... “I will sing praises to my God while

I have my **BEING**.” ... “For I shall again **PRAISE** Him”

“We live, as having **NOTHING**, yet possessing everything.” 2 Cor. 6:10

For next Sunday, read Psalm 46