



# EMBRACE & TWIN TOWERS “SHARING TIME” GUIDE

SUNDAY, JUL 20 2025

## “GROUNDING OUR FAITH LIFE” PSALM 46:1-3

### START HERE

In case you are sharing with a person you haven't met before, begin by introducing yourselves and sharing an interesting detail about yourselves. (you can skip this part if you all know each other)

As an icebreaker, share something, big or small, that you're feeling grateful for this week?"

### IMPORTANT THINGS TO REMEMBER:

We share from a place of vulnerability and authenticity. We come as we are, believing that God embraces us as we are. So we too embrace each other as we are.

We hold each other's words in confidence and prayer. We carry these words only within ourselves so we may pray for our siblings in Christ throughout the week.

### NEXT

#### DISCUSSION QUESTIONS BASED ON THE MESSAGE

1. Psalm 46 declares God as our "refuge and strength, a very present help in trouble." It is through our relationship with God this declaration becomes an "unshakable foundation" for our lives. Reflect on your own spiritual life. What areas currently feel most "shakable," and how might a more intentional focus on your personal relationship with God bring greater stability to those areas?
2. "Interest," "Communication," and "Cost" were discussed as vital components of any relationship, including our relationship with God. Which of these three areas do you feel God is inviting you to invest in more deeply this week, and what is one concrete step you can take to make that investment?
3. The sermon highlights the importance of creating "enough room in our lives to hear God speak." What practical steps can you take this week to cultivate a space of listening, moving beyond just talking to God, to truly hearing from God in your daily life?

**Don't forget to share about the people in your prayer card(s)**

### CLOSING

After everyone has had the chance to share, please take turns to share your prayer request(s). After sharing your prayer request, take turns to pray for one another.

# OTHER WAYS OF SHARING

## ACCORDING TO OUR WESLEYAN TRADITION

HGIWYS “How goes it with your soul?”  
(How is your relationship God? What do you feel God is doing or saying in specific areas of your life? family, work, friendships, etc.)

## SOME GENERAL REFLECTION QUESTIONS

- What stands out to you from the message and why?
- What is God calling me to change (both in perspective and action)?

## NOTES:



## EMBRACE & TWIN TOWERS SERMON DISCUSSION GUIDE