

# THE TRUTH ABOUT YOU

## Part 5 – How We Grow

Forrest Jenan – March 18, 2018

### HANG OUT (warming up to the topic)

1. Check in to see how everyone's week was.
2. Did you listen to the teaching? What was most challenging? What was most encouraging?

### HEAR (listening to God through Scripture)

3. Looking back on your childhood, who/what were some significant people, moments, experiences that helped grow you into who you are now? Did it feel like you were growing in those moments, or only as you now look back? Why do you think that is?
4. **Read Matthew 8:5-14.** What stands out to you about this passage? What was the relationship between the centurion and the Jews who may have been hearing this conversation take place? What does this story teach us about Jesus?
5. The Greek word for *amazed* is **thaumazo**. This word is only used twice in the New Testament. Once when Jesus is amazed by the faith of the centurion, but also when Jesus is amazed by the lack of faith in Nazareth. How has God amazed you in your life? Do you think that you could ever amaze God? How so?
6. Clearly our faith plays a very important role in our growth in becoming more like Jesus; so it is worth asking ... how does one have big faith? How do you grow your faith? What ways have you tried to grow your faith in the past?

### HUDDLE (making it personal and praying together)

7. Forrest ended his teaching by offering 5 ways we can grow our faith: Helpful Teaching, Relationships, Shared Life Experience, Habits, & Serving. What do you think of this list? Are there any you would add? Are there any areas where this group can help support you? How can this group help you to blow up your faith?
8. End in prayer.