



Part 2 - I Quit: Complaining
Forrest Jenan - April 15, 2018

HANG OUT (warming up to the topic)

1. Check in to see how everyone's week was.
2. Did you listen to the teaching? What was most challenging? What was most encouraging?

HEAR (listening to God through Scripture)

3. What are the two things you complain about most, and why? What do you think causes most people to complain?
4. Who do you complain to most often? Why? Have you been around someone who constantly complains? What is that experience like?
5. **Read Exodus 2:23 and 6:5; and Exodus 16:2-3;** What stands out from these passages? *A critical difference between groaning and complaining is the focus of attention. The former is God-centered while the latter is self-centered.* What step can you take this week to be more fully centered on God?

HUDDLE (making it personal and praying together)

7. Have you ever had to cry out to God? In what ways have you groaned out to God? Do you think its okay to complain to God? Why or why not?
8. Paul writes that we are to be transformed by the renewing of our minds. How does that take place? What are some steps you can take as a group to be for others, and to speak life into them?
9. End in prayer.