

## Part 1 - The Journey

Forrest Jenan - February 19, 2017

### HANG OUT (warming up to the topic)

1. Check in to see how everyone's week was.

### HEAR (listening to God through Scripture)

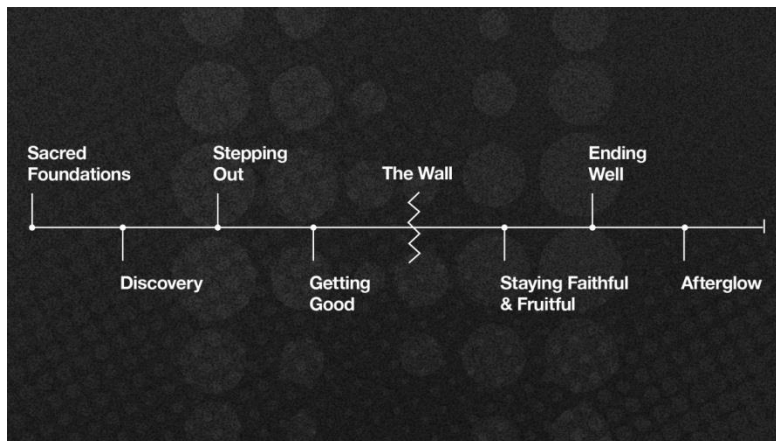
2. How do you feel about the journey of self-discovery? Have you thought much about that journey in recent years? Why or why not?

3. Do you ever feel the weight of others expectations outweighing your own hopes and dreams? Do you feel the weight of your own desire to be someone you're not (I wish I was more laid back, more organized, more extroverted, etc.)?

4. **Read Matthew 4:2-9**; what can we learn from Jesus' temptation experience in the desert? What does his journey say about our own journeys?

### HUDDLE (making it personal and praying together)

5. Take a look at this seven-stage process of discovering your identity and calling. Take a moment to plot yourself on the timeline, and take time to answer the following questions:



6. A) What stage are you in? B) What's the greatest joy in your stage? C) What's the great obstacle you're trying to move past?

7. Take some time to share ways that you can support one another in your journey of identity, calling, and self-awareness.

8. End in prayer.