

CAMPBELL STREET CHURCH

Palm Sunday and Communion

Date: 3/29/26

FOCUS IN: Read, pray, and meditate on **Luke 22**. Write down your personal reflections:

- What do we learn about God/Christians in this passage?
- What has the Holy Spirit revealed to you in this passage, and how will you obey it this week?
- Who do you know who needs to hear this?

The Big Idea: **From Palm Sunday to Broken Bread**

Palm Sunday feels like the kind of moment we all want to live in. It's loud, joyful, full of hope. Crowds shouting "Hosanna," waving palm branches, celebrating what they thought was victory finally arriving. But just days later, the noise fades. The crowd disappears. The celebration gives way to a quiet room, a simple table, and a Savior trying to explain something His followers still don't understand. Before there is a cross, there is a meal. Before there is suffering, there is explanation. Jesus takes bread, breaks it, and says, "This is my body given for you." He lifts the cup and declares a new covenant in His blood. In that moment, He is giving them the lens through which to understand everything that is about to happen.

Because without that table, the cross would only look like tragedy. It would look like loss, like failure, like evil winning. But Jesus makes it clear, this is not something happening to Him, this is something He is doing for them. His body is not taken, it is given. His blood is not spilled by accident, it is poured out with purpose. This is love on purpose. This is sacrifice with intention. As The Bible reminds us in Romans 5:8, He did this not when we had it all together, but while we were still sinners. Communion becomes the key that unlocks the meaning of the cross. It tells us this was not defeat, it was redemption. Not the end of hope, but the fulfillment of a promise.

And that's why the table still matters today. Every time we take the bread and the cup, we step back into that moment. We look back and remember the cost, we look inward and examine our hearts, and we look forward with hope of His return. Palm Sunday was public, but communion is deeply personal. The crowd once shouted "Hosanna," but the table whispers, "This was for you." And when you truly understand that, when you realize Jesus didn't just die, but chose to give Himself for you, it changes everything. From palms to the table, from celebration to sacrifice, the message has always been the same: Jesus gave Himself ... for you.

Discussion Questions:

1. Why do you think the crowd on Palm Sunday celebrated Jesus... but didn't fully understand Him?
2. How does communion change the way you view the cross?
3. Jesus said, "This is my body given for you." How personal is that truth to you right now?
4. When you take communion, which direction do you tend to focus on most, looking back, inward, or forward?
5. If Jesus intentionally gave His life for you, what does it look like for you to intentionally live for Him?