



Small Group Discussion Questions
Following the Weekend of October 17-18, 2020
Please don't feel you have to answer every question.

Spiritual Life Hacks
Alan Kraft, Lead Pastor

Icebreaker

If you were to write an autobiography, what would the title be ... and why?

How easy or difficult would it be for you to put in writing the narrative and take-aways of your life so far?

Group Interaction & Application

Slowly read aloud Philippians 3:15-4:1 a couple of times, in different Bible translations, if possible.

What words, phrases, or insights stand out to you from these verses, or create some intrigue for you?

What uniquely spoke to you from Pastor Alan's message on these verses, raised some questions, or perhaps generated some push-back?

Looking back over your relationship with Christ, what word or words would describe the spiritual growth process for you?

Which aspects of this growth process have been the most helpful for you, and which have been more challenging?

In his message on this week's verses, Pastor Alan highlighted three "spiritual life hacks" that can help us grow in our relationship with Jesus. Spend some time unpacking these, and the significance of each for you in your spiritual growth process.

#1 When you feel spiritual tension, move toward it (verses 15-16)

Why is this so important to grow spiritually, and what negative patterns could develop in a Christian's life if he/she doesn't embrace it?

How easy is it for you to move toward your spiritual tensions in order to grow from them?

What questions are you asking these days about the spiritual tensions you're experiencing, and what Spirit-promptings are you receiving in response?

#2 Seek Out Spiritual Mentors (verse 17)

Why is this so important to grow spiritually, and what negative patterns could develop in a Christian's life if he/she doesn't embrace it?

Who have been the people who have mentored you in your spiritual journey, and what are some of the things you've learned from them?

What voices or "sources of mentoring" are you listening to that are having a less-than-positive influence on your spiritual growth? Explain. (verses 18-19)

In what ways could a spiritual mentor help you these days with an area in which you're looking to grow?

What are the qualities in this mentor that would be the most helpful for you, and how might you go about seeking out this person?

How might you serve as a mentor to someone in their spiritual journey, and how open are you to doing this?

#3 Embrace Your Homesickness (verses 20-21)

Why is this so important to grow spiritually, and what negative patterns could develop in a Christian's life if he/she doesn't embrace it?

In what ways are you becoming increasingly more frustrated with the patterns, pains, and priorities of living here on earth, and which of these is specifically challenging you these days?

How might embracing your homesickness for Heaven help give you perspective, hope and endurance amid these challenges?

Conclude by praying for one another in applying this week's insights and Spirit-promptings, as well as for general needs and concerns.