

Small Group Discussion Questions Following the Weekend of February 8-9, 2020

Please don't feel you have to answer every question.

To Be Seen and Known **Stetson Beaman,** **Pastor of NextGen & Teaching Pastor**

Icebreaker

Describe a time you were in a group of people but felt all alone.

What was it about this setting or environment that made you feel this way?

What one thing would have improved this situation for you, and why do you believe it would have helped?

Group Interaction & Application

Read aloud Ephesians 2:1-10.

What strikes you, intrigues you, or uniquely speaks to you from these verses – words, phrases, or perhaps something else – especially in conjunction with the focus of this week's message?

What stood out to you from the message this weekend, or maybe created some push-back or inner tensions for you?

In his message, Pastor Stetson defined vulnerability as, *"The courage to take the risk of being seen and known ... It's showing people the parts of your heart, soul, and story that can't be seen on the surface."*

How does this definition compare with the way you've thought or felt about vulnerability up to now?

What one word in this definition stands out for you above all the others, and why?

What's one specific fear you carry that keeps you from being vulnerable in this way?

In what settings are you the most likely and least likely to be vulnerable?

What is it about these settings that either inhibits you or frees you to feel that you can be truly vulnerable?

Read aloud Psalm 139:1-10, 17-18.

How do these verses describe God's response to the "real you?"

How does this awareness empower you in being more vulnerable with Him and with others?

What parts of your heart, soul, or story do you long for others to know to a greater degree?

How is the Spirit prompting you to begin opening up to others in sharing these things with them?

In what ways will this be a bit of a risk for you? What could be the potential benefits?

How can your group be praying for you and supporting you in response to this week's message and discussion?

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