

A Better Way

When You've Given Up on Prayer

TALK IT OVER

Key Scriptures

"Here's what I want you to do: Find a quiet, secluded place so you won't be tempted to role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace."

Matthew 6:6 MSG

Don't worry about anything; instead, pray about everything. ... Philippians 4:6 NLT

Never stop praying.

1 Thessalonians 5:17 NLT

Pray continually ...

1 Thessalonians 5:17 NIV

Pray without ceasing.

1 Thessalonians 5:17 KJV

This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him. 1 John 5:14-15 NIV

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7 NIV

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Start talking. Find a conversation starter for your group.

- How have you started living *A Better Way* during this message series?

Start thinking. Ask a question to get your group thinking.

- Which part of this message was most impactful for you and why?
- How easy or difficult is it for you to pray? Why do you think that is?
- Consider your prayer life. Is prayer more of an action you do or a way that you live? Why?

Start sharing. Choose a question to create openness.

- Read **Matthew 6:6**. Jesus asks us to find a quiet and secluded place to experience God's presence. How does this request compare to the way you usually come to God? What changes do you need to make in order to be more like Jesus in prayer?
- Share about a time when you were tempted to stop praying. How did you respond to that temptation? What did you learn as a result?

Start praying. Be bold and pray with power.

Father, forgive us for the times we've overcomplicated prayer. Remind us that when we pray, we're experiencing You. Give us focus, confidence, and faith when we pray, and help us to view prayer not just as an action but as a way of life. In Jesus' name, amen.

Start doing. Commit to a step and live it out this week.

- Use the Daily Guided Prayer feature in the YouVersion Bible App for seven days. Share how you see God move in your life with your LifeGroup next week.
- Start *A Better Way* Bible Plan using Plans With Friends: www.go2.lc/abetterway
- Consider how you could love others by serving on the weekend or with a Local Mission Partner.