

Transform (5)
“Self-Control”
April 13, 2016

“When the Holy Spirit controls our lives He will produce this kind of fruit in us: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and **self-control**.”
(Galatians 5:22-23)

Fruit is the evidence of the Spirit’s work in your life. We must remember the difference between trying and training.

The PICTURE:

Self-Control (in Greek) means: holding oneself in. The idea of inner strength.

- Self-control defends against temptation and destruction.
(Proverbs 25:28)

A person without self-control is an easy victim.

- Self-control leads to godliness and love. (2 Peter 1:5)

Self-control: choosing a larger, delayed reward over a smaller immediate one.

The antonym of self-control is impulsiveness.

The PROBLEM:

1. Self-control is always on.
2. Self-control is always there.
3. Self-control is deeper than you think.

The PLAN

- I must go below the surface.
- ≡ What is my responsibility?
- ≡ I am not a slave! (Romans 6:14)
- ≡ Ask deep questions.

- Gather friends to help.

Proverbs 12:15 - "Fools think they need no advice, but the wise listen to others."

- Give it all up!

God wants to control your life, but he wants you to live it.