## **Pressure Point Series**

Keeping Your Tongue under Control James 3:1-12

James has already spoken about the tongue twice

James 1:19 "Everyone should be quick to listen, slow to speak..."

James 1:26 *"If anyone considers himself religious and does not keep a tight reign on his tongue he deceives himself and his religion is worthless."* 

Teachers are the people in the churches that use their tongue (the most)

A person who is out of control in their (language) is a person who is out of control in their (life)

Controlling your tongue keeps you (obeying God) and moving in the right direction

The tongue is (small but mighty), with influence far greater than its (size)

The tongue can do damage at a (distance)

"Not a '10' in the US? Then not a 10 overseas. Beware of being lured into buying expensive drinks or worse -- being robbed. #springbreakingbadly."

Doesn't mean God can't tame it but that we cannot do it (on our own)

Isaiah 6:1-7

Ask God to help you tame your tongue

Psalm 141:3 "Set a guard over my mouth, O Lord. Keep a watch over the door of my lips."

Psalm 19:14 "May the words of my mouth and the meditation of my heart be pleasing in Your sight O Lord, my rock and my redeemer."

(Confess) your sin, ask for forgiveness

Matthew 5:23-24

"Therefore, if you are offering your gift at the altar and there remember that your brother has something against you,
leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift.

(Dedicate) your tongue as an (instrument) of praise

Colossians 3:16

Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom and as you sing psalms and hymns and spiritual songs with gratitude in your heart to God. Whatever you do in word or deed do it all in the name of the Lord Jesus giving thanks to God the Father through Him."

Use your tongue to (build up), not to (tear down)

Ephesians 4:29

"Do not let any unwholesome talk come out of your mouth. But only what is helpful for building others up according to their needs that it may benefit those who listen."