

Peoples Church: Small Group Questions
March 12, 2017
Pastor Dale Oquist
Restless - Regrets

Looking Back:

We have all experienced personal failures and/or regrets in our lives. Some of these issues keep us up at night. While we struggle to shut these off in our minds, they can be like a tape being played over and over in our heads, titled, "Regrets." They can haunt us and hinder any further growth in our lives. However, in the midst of our sleepless nights, God gives us His peace and hope, which are never overrated. His peace preserves our sanity and His hope helps us rise in the morning. We also need to remember that we are not alone. All of us are in the same boat.

1. What regrets continue to be replayed in your head over and over again?
2. What does God's hope and peace mean to you?

Digging Deeper:

In Mark 14:27-31, Jesus predicts Peter's denial of Him. Peter declares, "Even if all fall away, I will not." Peter was convinced he would never do such a thing. Pastor Dale mentioned, "Claiming we would never do this, is a dangerous place to be." It's arrogance.

Read Luke 22:54-62

Focus on verses 60-62, "Peter replied, "Man, I don't know what you're talking about!" The Lord turned and looked straight at Peter. Peter then remembered the word the Lord had spoken to him: "Before the rooster crows two times, you will disown me three times." Peter went outside and wept bitterly."

3. How did Jesus look at Peter in verse 61? (Pastor Dale referenced to Luke 7:13)
4. If you were Peter, what would you have done after the rooster crowed?

Taking It Home:

Pastor Dale gave three steps in dealing with our failures and/or regrets that we see Peter do:

- **Own it**—to break free, we must own up to our part. Confess and repent.
- **Stay in community**—don't isolate! Stay in the "me too culture," where other believers can be real and relate to your same failures. Remember, we are all in the same boat!
- **Move toward Jesus**—In John 21, Peter ran off the boat to see Jesus on the shore. Peter is open to restoration.