February 26, 2017 Pastor Dale Oquist Restless-What keeps you up at night?

Looking Back:

Prov. 3:24 (NIV) "When you lie down, you will not be afraid; when you lie down, your sleep will be sweet." Billions of dollars are spent on sleep aides but the problem isn't a lack of sleep, it's the lack of peace; a lost-ness about life.

- **1.** Have you been restless at night? If so, do you know what's keeping you awake?
- **2.** Why looking deep into yourself to find your purpose on this earth won't work?

Digging Deeper:

In order to find peace that Pastor Dale was describing in Sunday's message, you must find your meaning and purpose for your life not under the sun, but above it. "If you live a self-absorbed life, your eyes will never be open to finding your purpose. And a life without purpose is pointless, therefore it only exists for itself," Pastor Dale said. If you're focused on you, you will never be satisfied.

(Ecc. 2:1-3; Prov. 14:13, 23:29-33; Ecc. 8-11) Solomon searches for the purpose and meaning of life with limitless resources. What were a few of his many attempts to find meaning?

Solomon showed us that when you try to find purpose under the sun, life without God, you will find nothing.

- 1. What three words did Solomon use to sum it all up?
- **2.** What two words did Pastor Dale use?

Taking It Home:

Pastor Dale referenced to The Purpose Driven Life book, the first four words were "It's not about you."

- 1. How do we shift the focus away from ourselves?
- 2. How will you reposition your life in order to find your purpose in Him?
 - *Know God
 - *Remember your creator
 - *Pursue God

Bonus: Fill in the blank question,

God doesn't have trash cans he only has _______. - Pastor Dale