



Moving Mountains **Derrick Shields** **“Speak to that Mountain”** **October 15, 2023**

Key Verses: Matthew 17:18-21, Matthew 21:20-21, Mark 11:21-24

Key Thought: Jesus encourages His followers to have a faith that enables them to speak with courage and boldness to the seemingly insurmountable challenges they encounter.

Points to Consider:

- By seeking the Lord through prayers of adoration, confession, and thanksgiving, our faith will be increased as we truly see Him for who He is and experience His grace.
- As a result, He realigns our hearts to His, giving us the clarity to identify which of our challenges He is ready to address and the boldness to “speak to the mountain” He identifies through prayers of supplication.
- Mark 11:24 further encourages this boldness by directing us to pray from a posture of belief that we will receive that for which we pray. We are to seek Him with a sense of expectation.
- However, as Holly Price reminded us in her testimony of mountain moving faith, He will always show up, but His response may not look exactly as we expected.
- The A.C.T.S model of prayer serves to connect us with God’s heart before we jump to asking Him to move on our behalf (and in a way that may not be aligned with His will).
 - i. **A**adoration: Worship God – with your whole heart – for who He is
 - ii. **C**onfession: Agree with God, and turn from what is sinful in your life to Him
 - iii. **T**hanksgiving: Thank God for the ways you have experienced His grace
 - iv. **S**upplication: Ask God for what is good

Discussion Prompts:

- Discuss the possible causes and effects of a prayer submitted without belief.
- Pray according to the first 3 steps of the ACTS model (with a leader signaling when to progress)
- Has the Lord identified a “mountain” He wants you to address?
- Practice praying with a sense of expectation by closing with a time of prayer of supplication for one another.