## **Fatal Distractions**

Check Yourself

**1 Timothy 4:16** "Keep a close watch *on yourself and on the teaching*. Persist in this, for by so doing you will save both yourself and your hearers."

Acts 20:28 "Pay careful attention to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the church of God, which he obtained with his own blood."

## **Seven Deadly Sins**

- Pride
- Greed
- Lust
- Anger
- Gluttony
- Envy
- Sloth

Two Instructions: Watch and on the teaching." (V.16a)	"Keep a close watch on yourself	
<b>2 Timothy 2:20-21</b> "Now in a great house there are not only vessels of gold and silver but also of wood and clay, some for honorable use, some for dishonorable. Therefore, if anyone cleanses himself from what is dishonorable, he will be a vessel for honorable use, set apart as holy, useful to the master of the house, ready for every good work."		
Keep	"Persist in this…" (v.16b)	
John 8:31-32 "So Jesus said to	the Jews who had believed him, "If	

you abide in my word, you are truly my disciples, and you will know

the truth, and the truth will set you free."

## Two Benefits:

You Will Save	for by so doing
you will save both yourself" (v.16c)	
You Will Save	"for by so doing
you will save both yourself and your heare	ers." (v.16d)

- **1 Timothy 4:15** "Practice these things, immerse yourself in them, so that all may see your progress."
- **2 Corinthians 13:5** "Examine yourselves, to see whether you are in the faith. Test yourselves. Or do you not realize this about yourselves, that Jesus Christ is in you?—unless indeed you fail to meet the test!"